Upcoming Events

- **November 15** - Magnificent Monday, Great American Smokeout, Noon, SCC Lobby
- **November 15** - Men’s Basketball vs St. Cloud State, 7 p.m.
- **November 16** - Native American, Jaki Cottingham, Noon, Brown A & B
- **November 17 to 21** - Play “Noises Off,” Wednesday through Saturday, 7:30 p.m., Sunday, 2 p.m., Kiehle Auditorium
- **November 17** - Women’s Basketball vs St. Cloud State, 7 p.m.
- **November 19** - Campus Preview
- **November 20** - Crookston Birthday Celebration & Auction, 6 p.m., Northland Inn
- **November 22** - Ethnic Food, Noon, Eagles Nest
- **November 22** - Thanksgiving Program, 5:30 p.m., Hafslo Church
- **November 22** - Full CSA Board Meeting, 7:30 p.m., Dowell 225
- **November 22** - “Resume and Mock Interviews” Workshop, 7 p.m., 116 Kiehle Auditorium
- **November 23** - Women’s Basketball vs Mayville State, 7 p.m.
- **November 24** - Men’s Basketball vs Augustana, 7 p.m.
- **November 25** - Thanksgiving
- **November 25 & 26** - No Classes, Offices Closed
- **November 27** - Hockey vs Augsburg, 7:30 p.m.

UMC to Present “Noises Off”

UMC’s Music-Theater Department is presenting the three-act play “Noises Off,” Wednesday through Sunday, November 17-21, at 8 p.m. each evening except for the Sunday performance that will be at 2 p.m. All performances will be held in Kiehle Auditorium. “Noises Off” is a comedy about a fictitious theater production called “Nothing On,” which is being rehearsed and eventually performed. The first act shows a group of actors furiously trying to finish rehearsing a show that is supposed to open within 24 hours. The cast on stage obviously do not get along with the director, and, as a result, the pace of the rehearsing is slow and tedious with little arguments and wise-cracks. The second act takes place behind scenes after this fictitious production has been performed at several different theaters for about a month. By this time, the cast has become so disillusioned with each other that their pathetic personal lives start to spill out into the roles they are trying to play on stage. Finally, the third act shows the show after it has been “on the road” for several months, and by this time, the show is a disaster with cast members literally at each other’s throats. “Noises Off” is directed by Matt Burdick, UMC’s student work-study theater assistant. Tickets are available at the door for $5 adults and $3 students. Please call George French at 218-281-8266 for more information about this production. Cast members include: Aimee Grosam, Alex Wendorf, Beth Johnson, Mark Belanger, Megan Bouwens, Joe Linder, Phil Seibel, Matt Bedore, and Alison Stone.

W.O.W. Event

Play - “Noises Off”
November 17 at 8 p.m.
Kiehle Auditorium

L to R: Megan Bouwens, Joe Linder, Matt Bedore, Alison Stone, Aimee Grosam and Alex Wendorf

Question of the Week

“What item(s) would you put into a UMC Time Capsule?”

Page 2
Question of the Week

“What item(s) would you put into a UMC Time Capsule?”

“A SIFE Annual Report, Theran’s hockey jersey cause it should be retired when he dies, and a CD of Lydia’s voice/squeek’s cause “the nest” would not be the same without it.”

Melissa Martin

“One of the laptops because they are awesome or a script from the play, which rocks!”

Steve Gompertz

“A crop and bridle with bit. The only things that you could possibly need to ride a horse.”

Bobby Miki

SIFE Announces Guest Speaker for Business Ethics Month

SIFE (Students in Free Enterprise) is pleased to announce that Sister Marietta Geray will present a philosophical discussion on business ethics on Wednesday, November 17, at 5:00 p.m. in Dowell Hall 225. “Sister Marietta, member of the Sisters of St. Benedict in Crookston, MN, will examine ethics in the workplace from a holistic perspective focusing on interrelationships and creativity. The old paradigm of paternalistic leadership is being replaced by a community and participative leadership model that fits in with the new era of commerce. Sister Marietta is a gifted facilitator and respected educator specializing in ethics. She teaches the graduate and undergraduate ethics and ethical leadership courses at the University of Mary. She has an M.A. in Theological Studies from the University of Dayton and has given numerous presentations on global awareness, ecological consciousness, and morality today.” (Quote from the Center for Ethical Leadership, Concordia College, Moorhead, Minnesota).

Ten Percent Society & GLBT Meeting

A planning meeting will be held on Monday, November 15, from 5-6 p.m. at Kiehle 105. If you are interested in being a part of the Ten Percent Society or GLBT Group, please plan on attending.

Depression: Its Impact

In observance of Mental Health Awareness Month, the Wellness Works Coalition and Northwest Mental Health Center will be presenting an information session on depression. Presentations will include: Youth Suicide – A Personal Story, along with Signs, Symptoms and Treatment Options for Depression. An individual Depression Screening Tool will be available after the presentation for those wishing to participate. The event is free; however, pre-registration is required by calling 281-9405. The presentation is available Monday, November 22, or Tuesday, November 23, 1:00 pm to 3:00 pm, RiverView Health – Meeting room #1. Enter through the North Entrance (old ER Entrance). For more information call 281-3385.

Thanksgiving Program Monday, November 22

A Thanksgiving Program will be presented Monday, November 22 at 6:30 p.m. in Hafslo Church. Musical selections will be provided by the Crookston Chamber Choir and the band. Refreshments will be served after the program. This event is co-sponsored by Cooperative Campus Ministry and UMC’s Music Department.

Thanksgiving Celebration Planned

The Office of Diversity Services would like to invite you to share and participate in a celebration of Thanksgiving on Tuesday, November 23, in Eagles’ Nest from 11:30 a.m. to 12:30 p.m. You may contribute to this celebration by preparing and bringing a loaf or sample of a bread that represents your ethnic or cultural heritage, or by simply joining everyone in sampling the breads and learning more about a variety of cultural traditions. If you think that you would like to bring a traditional bread to share, we would like you to share the name of the bread and the country of origin with Marcia Walker, coordinator of Diversity Services at UMC. Those breads identified in advance will be included in promotional and informational materials. Join us in celebrating diversity at UMC! This will be an opportunity to get to know and understand each other as well as commemorate our heritages together. Please, e-mail me if you can participate and bring your own bread sample from home!!! Thank you and have a wonderful week!!!
ECFE Tour of Lights: Five or six students are needed to help serve refreshments after the Tour of Lights sponsored by Early Childhood and Family Education, Tuesday, December 14, from 6:30 – 8:00 p.m. at Carman School. Please contact Lisa Loegering if you are interested in participating!

Habitat House: The Habitat House will have a roof and walls after this weekend! Volunteers work on the house Mondays, Tuesday, Fridays and Saturdays. If you or your club is interested in helping on the house, please contact Lisa.

Report on recent Student Concerns

-Travis Buckingham - CSA senator and Chair for Student Concerns

- Residents of Robertson Hall expressed concerns about getting internet in their lounge and that the cleaning hasn’t been up to par in the past few weeks.
  - I talked to John Magnuson he needs to know what it is that hasn’t been cleaned to see if it’s the custodians job.
  - John is not in charge of the internet in the halls. He referred me to someone else. I still need to follow up on it.

- There has been a request for bike racks in front of the Eagles Nest.
  - John said there will be new bike racks in front of the student center when it opens and also in a few other spots located around campus where one is not located already.

- There has been a concern about a place to park snowmobiles in the winter.
  - They are working on a place to store the sleds. They are not sure where yet or whether or not there will be a fee.
  - I need to find out if people are going to ride them to class from an off campus location so there could also be a parking spot closer to the class buildings or do we just need to have a place for campus residents to park their sleds (next to the dorms).

- It has also been brought to my attention that the carpeting in a few classrooms is tearing and needs to be replaced.
  - There is no money in the budget to fix this at the moment.

Spring Registration November 15 - December 2

Student self-registration using the World Wide Web is available to most students. In-person registration is available to all students at the One Stop Student Service Center, 170 Owen Hall.

Eligibility for Web Self-Registration

Students must meet two criteria in order to be eligible to self-register using the web:

1. You must be an officially admitted degree-seeking student (PSEO, Adult Special, and College in the High School students are NOT eligible), and
2. You must have a UMC cumulative GPA of at least a 2.00 or be in your first term of enrollment at UMC. All other students MUST register in-person.

All in-person registrations require adviser signature approval.

General Information for Self-Registration

Registration is available on the World Wide Web at your scheduled time in the registration queue. That is the time when you will be allowed to register for classes on the Web or in person (you can register on or at any time after your time in the rotation). You can find out your scheduled registration time by logging on to the web registration site or by referring to the printed Registration Queue in the class schedule.

Web Self-registration is available Monday - Thursday from 7:00 a.m.-12:00 midnight, Friday from 7:00 a.m.-10:00 p.m., and on Saturday from 8:00 a.m.-6:00 p.m., except on official University holidays. In-person registration is available at the Office of the Registrar, 170 Owen Hall, 8:30 a.m.-4:15 p.m., Monday - Friday.

REGISTRATION CHECKLIST

1. Clear any “holds” at the appropriate office. 2. Review the class schedule and/or use the web Course Planner to identify courses appropriate to your needs. Use the Portfolio information management tool to access your APAS report at http://portfolio.umn.edu to determine courses you need to complete to fulfill graduation requirements. 3. Complete a sample Schedule Worksheet including possible alternative courses to substitute for closed sections/courses. You can check to determine if classes are “open” or “closed” by reviewing the section status reports on-line. 4. Meet with your faculty adviser to discuss your program needs, review your course selections, and finalize your planned schedule. Make an appointment with your adviser to do this at least one week before your scheduled registration time. Although an adviser’s signature is not required for self-registration, it is strongly recommended that you consult with your adviser to insure appropriate course selections. 5. Do you need any class permission numbers? 6. Do you know the name and policy number of your hospitalization insurance company or your HMO? 7. Go to the registration web site (at http://www.crk.umn.edu/register). Sign on using your Internet ID and password (e-mail username and password).

When Can I Enroll?

Find out your registration time and date http://www.crk.umn.edu/register/register.htm. Check for holds to see if you have any (and remember to check this link frequently as holds are added periodically).
Resident Advisors Needed

Do you need some extra MONEY??? Residential Life needs YOU!!! The Department of Residential Life is now hiring one Resident Advisor (RA) for Spring Semester.

WHAT’S IN IT FOR YOU?

1. A room all to yourself
2. $800 cash per semester
3. A FREE Room—Save almost $1400!
4. Outstanding Leadership Experience
5. Looks great on a resume
6. New friends...etc, etc, etc

Pick up an application and job description at the Office of Residential Life in McCall Hall from 8:00 am to 4:30 pm, Monday-Friday. If you have any questions, please contact Lisa Samuelson through email or at extension 8533. Applications are due back to the office in McCall by 4:30 p.m. Wednesday, November 24. Interviews will be scheduled for November 29 and 30. The position is tentatively on an all female floor. APPLY NOW!

College Bowl Winners Announced!

Five teams competed in a double elimination tournament. First place winners were The Armstrong’s + 1 - Dave Ounchith, Ken Armstrong, Ken Armstrong III, and Vanessa Armstrong. Second place winners were the Giant D’s – Shane Beck, Nathan Moe, Peter Mehrkens, and Scott Standberg. The event was sponsored by the Student Center with the assistance of Alpha Lambda Delta members: April Thorstad, Luke Wittkop, Nate Hines, Ben Aho and Deann Ebert. Sam Sele also assisted with the tournament.

Jacob Stich Dowell Info Desk Employee of the Month

Jacob Stich was named Dowell Info Desk Employee of the Month for October 2004. Jacob has worked at the Info Desk for three years. He has taken on the role as Equipment Manager and is doing an awesome job! Congratulate Jake on a job well done.
Summary of responses from "Just the Facts" about Personal Safety presentation

Persons attending the November 3, “Just the Facts” about Personal Safety presentation by Sheriff Mark LeTexier and Aria Trudeau from Polk County Coordinated Victim Services were asked to answer three questions at the completion of the program. Here are the questions and responses. Thanks to all who attended and participated. Please share this information with your friends. Remember to take care of one another and work together to make and keep our campus safe for everyone.

Question #1. Please list one or two facts from this evening’s presentation that were new to you.
Rohypnol is legal in over 70 countries (but not in the USA). Date rape drugs are easily obtained and available in this area. They are generally placed in alcoholic drinks because the alcohol masks the symptoms of the drug to some degree and for a period of time. Date rape drugs result in 8-10 hours of unconsciousness. Possession of date rapes drugs will earn a person three years in prison. Statistically, I in 3 women will be sexually assaulted in her lifetime, and 1 of 4 college women will be sexually assaulted. 90% of women know their attackers. Predators like isolation.

There are predators everyone waiting for opportunities to find a vulnerable person. Having party rules is a must when going out. Going to a second location is ALWAYS a bad idea.

- Examples of party rules: Always go in groups and agree to return together.
- Make sure people know where you are going and who you went with.
- If you leave a beverage unattended, do not drink it when you return. Get a new one.
- Never leave one location for a second undisclosed, unplanned location.
- Always have a designated driver.
- Never leave someone unattended who has passed out.
- Be wary of strangers who are exceedingly friendly and persistent about taking you home or assisting you in some way that leaves you vulnerable.

Keys tightly held can be weapons of self defense. Put your fingers through the key ring so that you won’t drop them.

People need to practice using their voices loudly and assertively to yell ‘STOP’ or ‘No’ or ‘Get away from me.’
If someone is invading your personal space and won’t stop, you can pinch that person on the inner thigh and they will move.

· Fingers, tightly grasped and pointed can be used to quickly jab at an attacker’s eyes to give you time to get away. The heal of the hand (with fist clenched) can be used to quickly jab at the base of the nose. Mace and pepper spray can be a problem in the hands of inexperienced users since if they are fired in a breeze they can blow back and incapacitate the user. Don’t be on a cell phone when walking in a parking lot because you will be less aware of your surroundings. Have 911 programmed in your cell phone and keep your finger on / near the button when walking in a dangerous or threatening situation. Cell phone calls can be tracked.
· If someone grabs you, fight hard to get away. Scream, kick, bite, punch. If you are thrown against a car, the antenna or windshield wipers can be grabbed and broken off and used as weapons.
· If grabbed from behind, use your shoe to scrape down along the front of the leg bone, or look down, locate the attacker’s foot, and stomp hard on the upper part of the foot.

Keep this statement in mind: “Friends don’t let friends rape.”

Children should be taught not to let go of a bike if they are riding and someone tries to grab them. A person attempting to abduct a child cannot manage both the child and the bike very easily or get a child into the car who has wrapped his legs around a bike.

Question #2. If you were to decide to use this information that you have learned tonight, how would you live differently?
I would feel safer. I would not be so trusting of strangers; especially ones invading my personal space. I would go with a group to parties. I would watch my drink like I watch my purse. I know that I would try to fight to get away if I was ever grabbed.
I have some ideas for how to fight. I would stop going to my car alone. I would stop talking on my cell when walking to my car. I would pay more attention to my surroundings. I would stop going to isolated or semi-isolated places. I will practice visualizing what I would do if someone tried to hurt me. I would like to take an ‘Impact’ course. I know that I have personal tools to use to defend myself. I am going to stand up for myself and my personal space. I am going to use what I learned to inform others so that we can protect ourselves better. I will look out for women and be a true gentleman. I will pay better attention to details for other peoples’ safety. I will be more aware that you can’t trust everybody. I will be more aware of my surroundings at parties. I will make party rules with my friends. I will have 911 ready on my phone, and think constantly about what I would do in some of these situation. I have learned about the power of the voice and how effective it can be. Using your voice in stressful situations can help you get out of them. If I see someone distressing a girl, I will get some buddies and go and help her.

Question #3. How likely are you to use this information to change the way that you live? Circle a response from 1 to 5 with five being ‘very likely’.

Twenty one people responded to this question with an average response of 3.93.

This program was organized by the Sexual Assault Prevention and Personal Safety Awareness ad hoc committee at UMC. If you want to be included on the email list for meetings, contact lwilson@mail.crk.umn.edu
Brain Teasers

John Rader is last week’s winner. John knew that the puzzle below on the left meant “Foul (Fowl) Language.” He can pick up his free movie pass at the Dowell Info Desk. Can you guess this week’s puzzle (below on the right)? If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, November 18. The winner’s name will appear in the November 22 Eagle’s Eye.

Great American Smokeout

Are you ready for 24 hours without cigarettes? That’s what the Great American Smokeout is all about. Each year on the third Thursday of November, The American Cancer Society (ACS) organizes the Smokeout. According to ACS, more Americans try to quit smoking on this day than any other day of the year, including New Year’s Day. What does it take to participate? Just you! There’s nothing to join or buy or sign up for. You simply commit to quit for one day. You can do that, right? Stop by the SCC entrance on Monday, November 15 or Thursday, November 18, from 11:30 a.m. to 1 p.m. for more information. Check out the following web site for more info. http://www.cancer.org/docroot/PED/content/PED_10_7_Committing_To_Smokeout.asp?sitearea=PED.

QUITPLAN at Work Tobacco Cessation Program

QUITPLAN at Work is coming to UMC to help those employees who are interested in quitting smoking. The focus of this program is on employees and their spouses who want to make a successful quit attempt. Student employees are also eligible. You will have the opportunity to participate in a group led by a professional tobacco cessation counselor. As a part of this program you will receive:

- a personal plan to stop your tobacco use
- detailed information about Zyban and Nicotine replacement therapy
- the tools needed to help you learn to stop smoking
- five weeks of group-led support by a trained professional
- connection to additional resources, such as self-help materials, community resources, quitplan · http://www.mpaat.org/index.asp?Type=B_BASIC&SEC={82C98A32-D5E8-4863-9F97-538DADDDB2E7E} and the QUITPLAN Helpline, the phone based support program. There will be an informational booth on Monday, November 15 and also Thursday, November 18, from 11:30 a.m. to 1 p.m., in the SCC entrance. We need a minimum of 8 employees for this program. Feel free to stop by or give Stacey Grunewald a call at 8512 for more information.

Respect Around the Council Fire: Tribal Lessons for Challenging Times

What does “equality” mean in America? Why should you care about what happens to your colleague, your coworker, your classmate, your neighbor, a complete stranger? Because it’s the right thing to do, AND because whatever you do or let happen to others . . . you’re next! Indigenous Americans, as tribal peoples, understand the importance of respect in achieving the common good. Come share in a discussion of how American history and tribal values can influence actions, expand opportunities, and foster success. Jaki Cottingham-Zierdt, a mixed-blood Dakota, works as an Equal Opportunity Consultant in the University of Minnesota Office of Equal Opportunity and Affirmative Action. Prior to her current position, Jaki served for 7 years as the Director of the Multicultural Institute of the Academic Health Center at the U of MN. She has a J.D. and a B.A. in medical anthropology and paleopathology, both from the U of MN. Jaki is a recipient of a 2004 Josie R. Johnson Human Rights and Social Justice Award. She is an experienced public speaker at both the local and national levels. The presentation will be Tuesday, November 16 at Brown Dining Room A from 12 to 1:30 p.m.

Classified Ads

For Rent: A one-bedroom apartment is available in Prairie View Apartments in Fisher, MN. Utilities are included in the rent. All apartments are on one level. The building features a spacious community room and laundry facilities in the building with a security system in place. Must be a one-bedroom qualifier to apply. Pay according to your income. If interested, call 218-637-2431.

If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to melonir or drop your ad off in Dowell Hall 119. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off-campus ads will be charged at $5 per classified ad per week. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.

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