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### Hypnotist Sailesh to perform January 23

**WOW Event**

**Hypnotist Sailesh**

**Wednesday**

**January 23, 2008**

8 p.m.

Kiehle Auditorium

Sponsored by SPACE

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### Open Mic Night January 30

**WOW Event**

**Open Mic Night**

**Wednesday**

**January 30, 2008**

8 p.m.

Kiehle Auditorium

Sign up Now at the Student Center Info Desk

Sponsored by SPACE

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### Outdoor Equipment Available for Rent at Student Center Info Desk

The UMC Student Center has winter recreation equipment available for use and/or rent. Cross-Country skis are available for rent. Groomed trails are located near the Mount St. Benedict (maps are available at the info desk). Ice skates are currently available for use on the UMC outdoor rink. You will need to leave your U-card to use the skates.

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### Upcoming Events

- **January 23** - Hypnotist Sailesh, 8 p.m., Kiehle Auditorium
- **January 25 & 26** - Ag-Arama
- **January 25** - Hockey vs Concordia - Wisconsin, 7:30 p.m.
- **January 25** - Chili Feed, 6-8 p.m., UTOC
- **January 26** - Hockey vs Concordia - Wisconsin, 2 p.m.
- **January 30** - Open Mic Night, 8 p.m., Kiehle Auditorium
- **January 31** - CSA Full Board Meeting, 7 p.m., Dowell 225
- **February 1** - Women’s & Men’s Basketball vs Moorhead, 6 & 8 p.m.
- **February 2** - Women’s & Men’s Basketball vs Concordia-St. Paul, 6 & 8 p.m.
- **February 2** - Glow Bowling, 10 p.m., Corral Lanes
- **February 4** - Blood Drive, Bede Ballroom
- **February 6** - 6th Annual Winter Job & Internship Fair, 9 a.m. - 3 p.m., Bede Ballroom
- **February 6** - WOW Event, Rootbeer Pong, 7 p.m., Eagles Nest
- **February 7** - Study Abroad Fair, 10 a.m. - 2 p.m., Northern Lights Lounge
- **February 7** - Composer Musician Charlie Maguire, 7 p.m., Bede Ballroom
- **February 8** - Kiddie Carnival, 6 p.m.
- **February 8** - Hockey vs Finlandia University, 7:30 p.m.
- **February 9** - Hockey vs Finlandia University, 2 p.m.
- **February 9 & 10** - Equestrian Competition
- **February 9** - Women’s & Men’s Basketball vs Bemidji State, 6 & 8 p.m.
  - Spin-tacular at half times and again at 9:30 p.m.
January Faculty/Staff and Student of the Month Announced

The UMC faculty/staff member of the month for January is Rob Golembiewski. Rob grew up in St. Clair Shores, MI and then moved to Okemos, MI for his high school years. He received his B.S. and M.S. from Michigan State University and his Ph.D. from The Ohio State University.

Rob is an Assistant Professor in the Natural Resources Department and is responsible for overseeing the Golf & Turf Management program. Rob is involved with many different programs/committees on campus, from being the Golf & Turf Management advisor to serving on numerous campus committees. He also conducts turf disease research regionally as well as down on the U of M Twin Cities campus.

Rob previously spent two years teaching at Montana State University, two years working for Dow AgroSciences, and six years in Phoenix, AZ as an owner of a landscape company. After all of the different work experiences, he determined that teaching is what he enjoyed most so he accepted his current position at UMC. His favorite thing about UMC is interacting with the students and his fellow co-workers.

Finally, Rob was asked the question if he was stuck in a vat of jello who would he want to be stuck with? Why? And what flavor? His response was Barry Sanders because he was the greatest running back that ever lived and it would be cherry jello with bananas (because that’s his favorite).

The student of the month for January is Tiffany Benning. She is the daughter of Gary and Bonnie Benning of Eagle Bend, which is located in central Minnesota. She grew up on a dairy farm and is the youngest of five children. She is a junior majoring in Animal Science with a Communication minor. On campus she is involved in a variety of things. Currently, she is serving her second year as the Publicity position for SPACE (Student Programming and Activities for Campus Entertainment). She is also involved in the UMC Mentoring & Caring Program, UMC Chamber Choir, SOS (Student Orientation Staff), CFFA, and Dairy Club. Tiffany does a lot for S.P.A.C.E. All the posters and e-mails you see for W.O.W events and the other events put on by S.P.A.C.E. are all done by Tiffany. Not only was Tiffany part of SOS but she was also a group leader and spent a lot of time making sure that the incoming freshman felt welcomed and had fun. In her free time Tiffany enjoys just taking it easy, socializing, and hanging out with friends. Every time you see her in the hall she has a smile on her face and it can brighten anyone’s day.

Is there a faculty or staff member that you think is doing a great job on campus and you think they should be recognized for it? Well nominate them for Faculty/Staff Member of the Month. Just send your nominations to Kim Kuehn at Kuehn072@umn.edu.
33rd Annual
Ag-Arama 2008
January 25 and 26

Ag-Arama Schedule of Events

FRIDAY, JANUARY 25, 2008
12:00 - 5:00 p.m. Horticulture Contests (Greenhouse & Owen)
6:00 - 8:00 p.m. Chili Feed (UTOC) • $5 - All You Can Eat
Sponsored by Animal Science Association

SATURDAY, JANUARY 26, 2008
(Events held at UTOC)
8:30 am - 12:30 pm Animal Science Showmanship Contests
Novice Experienced
8:30 am Dairy Swine
9:00 am Beef English Horse Showmanship
9:30 am English Horse Showmanship Sheep
10:00 am Swine Western Horse Showmanship
10:30 am Western Horse Showmanship Dairy
11:00 am Sheep Beef
11:30 am No Novice Lamb Lead
12:00 pm Round Robin Showmanship
9:00 am - 12:00 pm Ag Industries Show
12:30 am - 5:00 pm Games to be played throughout the day:
Sponsored by UMC Clubs
12:30 pm - 1:30 pm Dinner Break
2:00 pm National Anthem
Presentation of Special Awards
Sweepstake Awards
Awards Presentation
3:00 pm Coronation of 2008 Ag-Arama Royalty
5:30 - 7:30 pm Alumni Social at the Irishman’s Shanty
9:00 pm - 1:00 am Ag-Arama Dance • Northland
Wild Night DJ Service

Famous Night in a Small Town!
FREE ADMISSION
Contests!
Animals!
Prizes!
FUN!

Ag-Arama Dance
9 pm - 1 am • Northland
Admission: $5
Wild Night DJ Service
16 and up unless accompanied by a parent! Picture ID Required.

EVENTS OPEN TO THE PUBLIC • Family Event • All Ages

Ag-Arama 2008
January 25 and 26

Events held at UTOC
Spring Break 2008
Pay It Forward Tour

• March 13 - 21
• 9 day Spring Break Trip
• $425 includes: two shirts, two meals a day, snacks daily, transportation, and lodging each night.
• Community Service
• Travel across the country
• Build everlasting friendships
• Change the world!
• An informational meeting will be held January 22nd at 7:00. Check with Brian at pauly020@umn.edu for exact location. This meeting is required for all interested!

What: UMC Animal Science Association Chili Feed

Where: UTOC Arena Entrance
(5 pm-gone)

When: January 25, 2008

$5/bowl all you can eat plus condiments & refreshments

Sponsored by UMC Animal Science Association

Come check us out!!!
Volunteer Opportunities

* Cathedral Church is looking for about 20 people to help serve food and clear dishes at their Mardi Gras celebration on Saturday, February 2, 2008. A great meal (steak or stuffed pork chop, salad, etc.) and dessert is provided to those who work!! For times and more information, please contact Melissa Dingmann at dingmann@umn.edu or -8576.

*Anytime during late January—Sell daffodils for the American Cancer Society and then deliver them March 10 and 11. This would be a great activity for a club. Set up tables in “hot spots” like the Eagle’s Nest and the Student Center. Also stop in offices to sell daffodils. I also would need help delivering flowers March 10 and 11.

*March 3 (tentative) —Dr. Seuss Birthday Party. More details coming about the exact date, time, and scope of event. We’ve done this in the past, and it’s been a blast! I will need about 30 volunteers to help staff activities like Pin the Hat on the Cat, Cat Beanbag Toss, Ooblek, Photos with the Cat, Dr. Seuss Bingo, and several craft tables.

*April 26, 9 a.m. to noon—National Youth Service Day. We will join forces with youth groups in the community (potentially boy scouts, girl scouts, 4-H, Karios House, and church youth groups) and do service projects. Projects will likely include yard work and other household help for the elderly. We will work from

*April 29, time TBA (early evening) Month of the Young Child Family Festival. This annual event is a large celebration with many families attending. Stations are set up by sponsoring organizations including Early Childhood Club. Other student groups or individuals are needed to help at various stations. Please sign up on the bulletin board outside Lisa Loegering’s office (247 Student Center).

*March (date TBA)—SKIT for 6th graders. As part of the rural safety unit in 6th grade, we will be delivering safety books and will put on a short skit for the students. Looking for creative minds to write and perform skit!! See me about details.

Notes from Health Services

* Dr. Kanten will not be on campus Wednesday, Jan 23rd. Sorry for the inconvenience. Please feel free to see Stacey Grunewald, RN, Student Health, 145F 8:30 to 4:00 with any health related needs.

*Are you getting enough ZZZZ’s? Over 35% of UMC students report not getting enough sleep. Close to 50% of you report that lack of sleep is adversely affecting your academics.

First, let’s look at the Quality of Your Sleep. Do you…..

- Fall asleep while driving?
- Struggle to stay awake or pay attention in class?
- Often get told you look tired?
- Need to take naps almost every day?
- Have trouble concentrating or remembering things?

If this sounds like you, let’s next look at some Tips for Getting a Good Night’s Sleep:

- Consume less caffeine and avoid alcohol.
- Drink fewer fluids before going to sleep.
- Eat a small, low-fiber meal close to bedtime.
- Stay away from cigarettes and spit tobacco.
- Exercise regularly during the daytime. No cardiovascular exercise within 4 hours sleeping.
- Establish a relaxing bedtime routine – a hot bath or shower.
- Set up a regular bedtime and wake time schedule – and stick to it Monday – Sunday.
- Keep a sleep diary and look for patterns.

Your overall physical and emotional health along with your daily performance in school is dependent upon a good night’s sleep. Check out the following site for more info http://www.helpguide.org/
Brain Teasers

Last week’s winner is Tyler Anderson who knew the puzzle below (left) meant “Foreign (4 in) Correspondent.” Tyler can pick up his free movie pass from Meloni in 236 Student Center. Can you guess this week’s puzzle (below on the right)? If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, January 24, 2008. The winner’s name will appear in the January 28, 2008 Eagle’s Eye.

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Classified Ads

Help Wanted - Need individual (non-smoker) to assist physically disabled adult in rural Crookston (8 miles from Riverview Hospital) from 4 - 8 p.m. Four days per week on weekdays. Wages is $10.22 per hour. Must pass background check. If interested please call (218) 281-2851 or email tvbrekken@hotmail.com.

Help Wanted - Full-time Accounting Position. Need bookkeeping and accounting skills. There are many benefits including medical insurance. To apply contact Father Antony Fernando at St. Joseph Church and School, PO Box 400, Red Lake Falls, MN 56750. (218) 253-2004

Help Wanted - Available immediately, full time receptionist position in Crookston office. Seeking experienced and organized individual with good communications and public relations skills who is interested in helping others, computer experience required. Responsibilities include answering multi-line phone, appointment scheduling, assisting clients, and working with a large team. 40 hours M-F with a benefit package. Salary Negotiable, based on experience. Please send cover letter and resume to: Kathy Anderson, Northwestern Mental Health Center, Inc., PO box 603, Crookston, MN 56716-0603, (218) 281-3940. EOE/AA.

Help Wanted - Airborne Custom Spraying has an Annual Seasonal Position open from May - September 2008 Job Description: Coordinate with pilot to prepare and load aircraft for aerial spray application. Work is steady and some lifting involved. We will train on the job. Miscellaneous duties include inventory, cleaning plane and vehicles, runway maintenance, some field scouting, etc. $13.25 per hour plus overtime. Please send Resume’ to: Airborne Custom Spraying, 1507 County Hwy 21, Halstad, MN 56548, Fax# 218-456-2468, Email – dsolum@rrv.net

If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off campus ads will be charged $5 per ad. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.