Mr. UMC to be Crowned October 17, 2007

WOW Event Mr. UMC
Wednesday, October 17, 2007
7 P.M.
Kiehle Auditorium
Sponsored by SPACE

Who want’s to be a Macho Man?
Contestants are:
Kishor Regmi
Luke Palm
Joe Field
Spencer Berg
Kerry Fredrich
Ryan Boyer
Casey Wollangk
Jae Won Lee

The J-Spot October 25, 2007

The J-Spot: A Sex Educator Tells All: UMC Concert & Lecture is pleased to bring internationally known sex educator Jay Friedman to our campus on Thursday, October 25, 8 p.m., Kiehle. Friedman’s lecture performance will entertain while educating you about important and timely sexuality issues. “My goal is to give a thought-provoking, conversation-creating and perhaps life-changing performance that breaks the taboos in talking about sex. If people can be more open, I’m sure we’d avoid the dangers that result from sexual ignorance, and instead enjoy healthy relationships”, Freidman. This event is free and open to all. www.TheJ-Spot.com
October 16 - NDSU Agricultural Career Fair, 9 a.m - 3 p.m., Memorial Ballroom, Fargo, ND
October 18 - University of Minnesota College of Pharmacy Info Booth, 9 - 11:30 a.m., Northern Lights Lounge
October 22 - Walk-in Resume Critique, 9 a.m. - 3 p.m., SC 236
October 30 - Partner’s Advantage Info Session, 6 - 8 p.m., Bede Ballroom, Refreshments will be served.
October 31 - Partner’s Advantage Interviews, 8 a.m. - 4 p.m., Student Center 244 & 245, Sign up for interviews with Meloni in 236 Student Center

Dear Regal,
I am a freshman here at UMC, and I love to jog. However, it’s getting colder and colder and I can’t jog my regular 5 mile route around town. I am afraid that if I stop jogging the freshman 15 will catch up to me! What should I do?
Sincerely,
J. Ogger
Dear J. Ogger,
When the weather outside is frightful, you can always just go to the UMC Fitness Center! I was just there the other night working on my glutes (you know, for the chicks). There you can take advantage of the treadmills in the cardio room, the free weights in the dumbbell room, or maybe bust out some serious squats in the main lifting area. Whatever your pleasure, you’ll be sure to find it! The Fitness Center is open Monday - Friday 7:00 am to 11:00 pm, Saturday 10:00 am to 10:00 pm, and Sunday 12:00 pm to 11:00 pm. Keep on jogging,
Your Pal, Regal

Dear Regal,
Why is the north door of Centennial always locked? I have concluded that it is not for security purposes because every other door in Centennial is open regularly. If it were to be a mechanical issue I feel they have had plenty of time to fix it for it has been this way since this semester started. This leads me to believe there is an alternative interest in locking us out of the closest door to campus to watch us struggle with our cold wet keys on a rainy 50 degree day while holding books and a coffee, only to juggle them and have to make a split decision to drop your scolding hot coffee over you, or to simply sacrifice your $200 chem. book to the mere submission of ruining itself as the covalent bonds of water devour every formulated page of your ruined purchase. This leaves you with the regret of not walking around to the west or east door which requires more walking through wet sod that was laid this year soaking your feet with mud and grass clippings and tracking it onto the finely done clean tile to meet the hardworking janitor’s glare as you pass by with curses forming under both parties breathes. You then slip and stammer to the stairs which ends with your coffee spilling all over you, the mere disaster that was being avoided by traveling to an alternate door as a blood curdling girly scream shrieks out and rumbles each door down both hallways and upstairs waking all the upper class Frankenstein’s as they recreate “Dawn of the Dead” for your viewing pleasure, but with a personal touch of you being the main character that literally has odds placed in Vegas whether or not your life will continue to the next day. All this for the primitive pleasure of someone’s pain as cookies and fresh fruit are being consumed by the giggling people who happened to glance over their newspaper at the exact time everything unfolded up to the rumbling scream which sent a shock of horror into each ear only to be justified by the fact that it is a Monday and every Monday on queue a stressed out 2.01 gpa student is crying while clutching a pathetic excuse for a grade on the latest Ecology test between their burnt, blistering coffee charred hand.
There are a lot of people affected by the simple locked door joke that has been haunting us since the beginning of the semester. Is there an answer to this anarchy?
Thank you for your consideration,
David LeTourneau

Dear David,
I shared your concern with my good friend Kristie in Residential Life. She stated they aware of the problem and are working with the company responsible for the door project. They are awaiting an answer from this company on when the door will be on an automatic opening system. They too are frustrated with the amount of time that has passed. They hope that this situation will be resolved soon.

Do you or someone you “know” have a problem they need help with? If so, just ask Regal! Ask about life, love, school, or just something that you have been pondering. Email Meloni Rasmussen to have your anonymous question sent to Regal the Eagle. (Please keep in mind that Regal simply offers suggestions, and that it is still up to you to choose your own path in life.)
Volunteer Opportunities

Submitted by Lisa Loegering

* Two volunteers are needed to help move four pieces of furniture for a senior citizen. The pieces are not terribly heavy, but it would require two people to move them from the upstairs to the lower level. It really shouldn’t take much time at all! She lives on Woodland Avenue. If you are interested, please contact Lisa Loegering at 8526 as soon as possible.

* A volunteer basketball coach is needed for the local Special Olympics. Practice will be Tuesdays and Thursdays from 3:30 p.m. to 4:30 p.m. and will run December 4 through early March. For more information, please contact Diane Lagasse at 281-3818.

* Cathedral School is holding their Rake-a-thon Wednesday, October 17 from noon to 2:30 p.m. and is looking for 6-12 volunteers. If you like working with kids ages k-12 and playing in the leaves, this could be a blast!! If you are interested, please contact Lisa Loegering at 8526.

October is National Breast Cancer Awareness Month

October is National Breast Cancer Awareness Month. If you’re age 40 or older, join the millions of women who get mammograms on a regular basis. If all women age 40 and older took advantage of early detection methods – mammography plus clinical breast exam – breast cancer death rates would drop much further, up to 30 percent. For women in their 20s and 30s, a monthly breast self-exam (BSE) is recommended. Any changes should be reported to your physician immediately. Please refer to the American Cancer Society web site for more information. http://www.cancer.org/docroot/PED/PED_20_BCA.asp

Blood Drive

On Thursday, Oct. 18th, from 10:00 to 3:00, in Bede Ballroom, SIFE will be sponsoring UMC’s first blood drive of the academic year. We really need your help with this!! Did you know that 90% of us will need blood sometime during our lives? Go to www.bloodhero.com Use the Sponsor Code, umc, and sign up to donate. It’s that easy! Contact Stacey Grunewald, 8512 with questions.

Crookston Student Association Proposed Constitution Change

Submitted by Lisa Samuelson & Joe Nelson

The Crookston Student Association Full Board has voted to pass an amendment to the CSA Constitution, and therefore will move to a full student body vote on Monday, October 15. The proposed amendment is on Article IV, Section 4. Item B. Currently item B reads “Prepare, maintain, and report accurate financial records for the CSA, Student Activities, and Clubs and Organizations budgets.” The amendment would remove the words “Student Activities”. A complete CSA Constitution can be found at: http://www.umcrookston.edu/CSA/documents/Constitution.doc

The rationale for the constitutional change is currently the CSA Treasurer is responsible for the S.P.A.C.E. budget per the CSA Constitution and S.P.A.C.E. would like to create a Treasurer position within S.P.A.C.E. to maintain the budgets due to the extensive volume of purchases and activities, but in order to do so the Constitution must be amended.

Tickets to the Musical Rent available to UMC students at a discount

RENT is about being young and learning to survive in New York City. It’s about falling in love, finding your voice, and living for today. It’s about giving hope and having faith and it’s connecting with audiences in a way that no musical ever has. RENT swept all major theatre awards, including the Tony Award for Best Musical as well as the Pulitzer Prize. RENT will be performed Wednesday, November 28, 2007 at the Chester Fritz Auditorium in Grand Forks, ND. UMC’s Concerts and Lectures is making tickets at a discount price (one-third off) available to UMC students. Tickets can be purchased through Meloni in 236 Student Center for one-third off the ticket price. Limit one discount ticket per student. Others may be purchased at full price.

Publication Information

The Eagle’s Eye is published by the Student Center weekly September through May. Copy deadline is noon on Thursday of each week. Please send items for the Eagle’s Eye electronically to Meloni Rasmussen, Senior Administrative Specialist, at melonir@umn.edu, or drop the copy off at the Student Center Info Desk. Disability accommodations will be provided upon request for all events. The University of Minnesota is an equal opportunity educator and employer. The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation.
Brain Teasers

Last week’s winner is Ashley Walton who knew the puzzle below (left) meant “Missing You”. Ashley can pick up her free movie pass from Meloni in 236 Student Center. Can you guess this week’s puzzle (below on the right)? If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, October 18. The winner’s name will appear in the October 22, 2007 Eagle’s Eye.

Counselor’s Corner

Submitted for your consideration by Laurie Wilson

In David Borden and Tom Winter’s book 101 Things You Should Do Before You Graduate, the authors have chosen to feature the importance of personal integrity as a quality that has not diminished in importance over time. They ask, “Are you a person of integrity? When you give your word, do people believe you? If not, now is the time to start rewriting your script and making good on your word. The authors go on to say that becoming and being a person of integrity is a lifelong endeavor. They suggest the following behaviors as beginning points for becoming the person you want to become:

* Go the extra mile in the name of integrity. Exceed the expectations of others.
* Think carefully before giving your word. Then keep it at all costs.
* Never pass the buck. Accept responsibility. Be accountable.

Borden and Winter note that even though times have changed since the days when a handshake was all it took to seal a deal, one thing remains the same: integrity is a person’s best calling card.

Bonfire & Pep Rally October 19

A Bonfire and Pep Rally will be held Friday, October 19 at 9:30 p.m., in the grassy area South of practice football field Includes: Introduction of Fall Sports Teams, lighting of bonfire, contests, music and weenie & marshmallow roast (smaller fire pits) Sponsored by FCA.

Classified Ads

Help Wanted - CSA Gardens is looking for help. $7 per hour, contact Mike at 281-3441
Help Wanted - Independent School District 593 in Crookston has a position open for an After School Care Aid at Washington Elementary School 2:30 - 5:30 p.m., Monday through Thursday. Submit a letter of application form (available at www.crookston.k12.mn.us), and resume to: Denice Oliver, Principal

If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off campus ads will be charged $5 per ad. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.

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