UMC Student at Democratic National Convention
by Marshal Johnson
After completing a summer long internship with the Minnesota state Democratic Party; I was given the opportunity to go to Denver for the national convention. It was an awe inspiring event that I will never forget.

The mood as well as the theme was unity, many people have asked me if it was staged or authentic. I met staunch Hilary and Obama supporters and it was truly amazing to hear the supporters of both these highly qualified candidates speak passionately about moving forward and supporting a presidential candidate that would put middle America back on oval office desk priority list.

Hours before Sen. Obama’s epic speech I was afforded the opportunity to visit the different national constituency meetings including the youth and woman’s caucus meetings. I was afforded this opportunity due to the generosity of our State party Treasurer Bill Davis and my boss state outreach director RoseAnn Zimbro.

My time at INVESCO field was a truly once in a lifetime magical 5 hours. The speeches were real and full of substance and direction; with one clear focus: (continued on Page 3)

College 101
Submitted Article
Emotional Health, Wellness and You
Emotional health and well being is just as important as physical wellness. Join Vicki Svedarsky, Counselor and ATOD coordinator, in a relaxing and soothing environment, and learn how to manage stress in your life.

October 8
Noon
Kiehle Auditorium

October 6 - Music on Mondays
Far Beyond Frail 11: 30 a.m. Northern Lights Lounge (S.P.A.C.E.)

October 6 - CSA full board meeting 7 p.m. Dowell 225

October 7 - Riverview Training 8 a.m. Bede Ballroom

October 7 - Passport Drive 10 a.m. to 2 p.m. Northern Lights Lounge

October 7 - The 7 Habits of Highly Effective College Students Workshop 7 p.m. Dowell 220

October 8 - Riverview Training 8 a.m. Bede Ballroom

October 8 - College 101- Forming Effective Study Groups Noon Kiehle Auditorium

October 8 - UMC Association Board Annual Meeting 6:30 p.m. Kiehle 116

October 10 - In Service- No Classes

October 11 - Football vs St. Cloud St. 5 p.m.

October 11 - Volleyball vs Augustana St. 5 p.m.

October 13 - CSA Executive Board 8 p.m. Dowell 225

October 15 - Comedian Louis Ramey 7 p.m. Kiehle (S.P.A.C.E.)

October 16 - College 101 Effective Study Groups. Noon Kiehle Auditorium

October 18 - Preview Day

October 18 - Soccer vs MN State Univ. - Moorhead 1 p.m.

October 18 - Volleyball vs MN State Univ. - Moorhead “Dig for the Cure” 7 p.m.

October 20 - 24 National Collegiate Alcohol Awareness week
Oct 6-11 is National Coming Out Week

October 9: Stop by the GLBTA Programs table in the Sargeant Student Center for button making & treats (asking for donations of 50 cents or $1 per button)
October 10: Wear your “Gay? Fine by Me.” T-shirt! Stop by the Sargeant Student Center to get a free soda and find out about upcoming events and projects hosted by UMC GLBTA Programs.

Are you a freshman looking for free money?

If you are MN Resident who graduated from a MN High School this past May, we highly encourage you to complete the MN Achieve Scholarship Application. (https://www.ohe.state.mn.us/SSL/FAApp/AchieveApp.aspx) Students with a family income of less than $75,000 and who have completed a rigorous high school curriculum are eligible for $1200 in free money from the State of Minnesota. Please stop by the Financial Aid Office if you have any questions.

UMC Job Fair Around The Corner

UMC’s 7th Annual Winter Job & Internship Fair is just around the corner. The Job Fair is scheduled for Wednesday, February 9, 2009 from 9 a.m. – 3 p.m. in Bede Ballroom. With the planning under way, we (the planning committee) would like to know if there are any companies that you would like to see attend. If you have a company in mind please let Brittney Johnson at joh01939@umn.edu or Meloni Rasmussen at melonir@umn.edu know. We would need to know the company's information (phone number, address, contact person, etc...)

Career and Counseling Corner

* Check out the on-line résumé posting service GoldPASS at http://www.umcrookston.edu/ccs/career/GoldPass.htm. Our staff is here to help you with your job or internship search.

* Stop by 236 Student Center to schedule an appointment with a Career and Counseling Department staff person. They will be able to offer you tips and pointers on your résumé and assist you with your job and/or internship search.

* NDSU Agricultural Career Fair is happening Tuesday October 14th from 3 to 7 p.m. at the NDSU Memorial Ballroom

* UMC Job and Internship Fair is happening Wednesday February 4th from 9 a.m. to 3 p.m. in Bede Ballroom.

* UMC students looking for help with resumes writing, interviewing techniques and Graduate School plan can find free online tutorials on the Career and Counseling Services web page.
   http://www.umcrookston.edu/ccs/

* Online tutorials designed to help UMC Students write Resumes, Conduct Interviews and Apply for Grad School are available at the Career and Counseling Web Page.
   www.umcrookston.edu/ccs/
Sen. Barack Obama was the right choice for the nation in November. From former Vice-President Al Gore to the granddaughter of former president Dwight Eisenhower, all the speeches introducing Sen. Obama were unforgettable. Perhaps one of the most special moments for me as a son of a veteran and brother to several servicemen and women was when a large group of admirals and generals filled the stage to endorse Sen. Obama and Sen. Joe Biden for the presidency. This moment showed Americans that some of the highest ranking men and woman in the armed service believe that Barrack Obama is qualified to be the next commander and chief; civilians can rest assured, they are safe with Obama at the helm.

Sen. Obama’s speech was everything that one could have wanted regardless of political affiliation. It was crisp, concise, well communicated and substantive. His words went over in the stadium as if he had lived his whole life for this moment and he took full advantage of it. With the stadium adored with thousands of American flags, the event was a tribute to all that has and continues to make this country great.
Get Your Passport!

**Submitted Article**

**Tuesday, October 7, 10:00 a.m. - 2:00 p.m.**

**Northern Lights Lounge**

If you are planning on going to Canada, Mexico, Bermuda, Caribbean by land or sea you will need the passport or a Passport Card by June 2009.

---

Open Mic Night

**Wednesday, October 8th**

**7:00 pm**

**Student Center**

Singers, musicians, poets, actors, rappers, dancers, comics, performers of all stripes

Share your talents this Wednesday in the student center.

There is a two song limit for musical performances.

There is an eight minute time limit for other performances.

All students are welcome to come down and support their favorite performers.

**Sign up at the Student Center**

Information Desk.

Sponsored by S.P.A.C.E.
One in eight women will be diagnosed with breast cancer...the other seven women will know her.

On October 18th the Golden Eagle Volleyball program will host NSIC opponent MSU-Moorhead at 7:00 pm in Lysaker Gymnasium. October is Breast Cancer Awareness month, and we have selected this match to participate in Dig for the Cure.

Dig for the Cure is a breast cancer fundraising and awareness effort that originated with collegiate volleyball in 2003. If you’re curious about Dig for the Cure, you can learn more about the program here: http://web.mac.com/lisamarston/digforthecure/Home.html.

The volleyball team and staff will be soliciting pledges throughout the rest of September and into October. There are two ways that you can pledge your support:

1. You can pledge a flat rate amount. $25.00 is the recommended pledge, but any dollar amount is welcome!

2. You can pledge per dig that the Golden Eagles tally during our match with MSU-Moorhead. We are currently averaging about 13 digs per game, so if you pledged $1.00 per dig and we were consistent in our defensive performance, a 3-game match would equal $39.00, a 4-game match $52.00, and a 5-game match $65.00.

100% of the proceeds raised by the volleyball team during this community service project will be donated to the Susan G. Komen for the Cure’s Minnesota affiliates. If you would prefer to pledge your support by email, please email me with your pledge amount and I will take care of everything else. We will also accept donations at the gate on the night of the match.

Please support the UMC Volleyball program in this very important community service project! We hope that you will attend the match on October 18th to cheer on the Golden Eagles, and feel free to wear something pink to show your support for breast cancer awareness. We have a lot of great things planned for this match, and we’re working hard to make it a wonderful family event!

Never too Late To Quit

According to the Harvard Medical School, quitting smoking helps even if you have smoked for years.

- Within days blood vessels will regain much of their normal functioning.
- Within weeks your sense of taste and smell will recover.
- Within months symptoms of chronic bronchitis (coughing, phlegm) will ease up.
- Within a year, lung function will improve substantially.
- Risk of heart attack and stroke are substantially improved within two -- to five years.
- After five years, risk of lung cancer drops substantially.

People who kick the habit, regardless of age, live longer than those who smoke.

To find out more about becoming tobacco-free, go to www.becomeanex.org or www.quitplan.com

Save Lids to Save Lives

For every pink Yoplait® Yogurt lid you send in, Yoplait® will donate 10 cents to Susan G. Komen for the Cure®, up to $1.5 million. So tell your friends, coworkers, and classmates and start getting involved today. Lids will be collected on campus until Dec. 19 and are being collected at the Sargeant Student Center Information Desk

~ Sponsored by the Sargeant Student Center
Brain Teasers
Last week's winner is Jackie Dullinger who knew the puzzle below (left) meant “Round of Applause.” Jackie can pick up her free movie pass from Meloni in 236 Student Center. Can you guess this week’s puzzle (below on the right)? If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, October 9, 2008. The winner’s name will appear in the October 6 2008 Eagle’s Eye.

Classified Ads
Paid Advertisement

Area Service Technician Ad/Pest Management
Pest control company specializing in food plant IPM seeking Area Service Technician. Must be dependable, detail-oriented and posses excellent communication skills. Experience preferred, but not required. Excellent benefits package. Must have excellent driving record and be able to pass drug screen. EOE. Send resume to cchristenson@indfumco.com or fax to (507) 833-4512.

UMC MASCOT WANTED - School spirit? Need extra $$? UMC is looking for students to be Regal the Eagle, UMC’s Mascot. As UMC’s Mascot you will appear at sporting events, special events and more. Multiple Students are needed. Please contact Peter Phaiah (phaiah@umn.edu) if you are interested. Go Golden Eagles!!!

Help Wanted - Mount St. Benedict. Dietary Preperation for two 8 hour shifts every other weekend. A dishwasher/housekeeper is needed for 15 hrs a week M-F 4-7 p.m. The Positions may be combined into 20 hr/wk position. Contact Sister Leora @ 281-3441 ext 54 or pick up app at reception.

Tutors Needed - The Academic Assistance Center/Student Support Services (AAC/SSS) is looking for academic tutors in all subjects with high demand for ecology, botany, horticulture, soils, chemistry, microbiology, hospitality, and any Nat R tutors. If you received an A or a B in any course and are interested in tutoring, stop by 270 Owen Hall. $7.00 per hour/Flexible schedule. Interested parties please stop by AAC/SSS to pick up the appropriate forms.

FOR RENT: A one-bedroom apartment will soon be available at Prairie View Apartments in Fisher, MN. This smoke-free multi-family single-story complex features: security doors, laundry facilities, spacious common area, off-street parking with plug-ins available and all utilities included with affordable rent. Call 218-637-2431 for an application or see our website at www.nwmnhra.org.

Customer Service Rep: part-time position open for the detailed oriented person with great communication, computer and organizational skills. Do you want to take the time to service and market clients with flexible work schedule for a few years? Send resume to P.O. Box 672, Crookston, MN 56716.

If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to Melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off campus ads will be charged $5 per ad. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.

UMC is an Equal Opportunity Employer and Educator. Alternative formats of this publication can be obtained by calling (218) 281-8586.