Upcoming Events

- October 27 - College 101 “Avoid the Freshman 15” Bede Ball Room, 11 a.m.
- October 27 - Senator Al Frankin, Northern Lights Lounge - Noon
- October 27 - CSA Executive Board, Minnesota Room, 8 p.m.
- October 29 - Torch and Shield
- October 29 - Bowling
- October 31 - Hockey vs Bethel University, 7:30 p.m.
- October 31 - Volleyball vs University of Mary, 7 p.m.
- October 31 - Res Life Haunted House, Mr. Movies, 7-11 p.m.
- November 1 - Preview Day
- November 1 - Football vs University of MN - Duluth, 1 p.m.
- November 1 - Volleyball vs Northern State, 4 p.m.
- November 1 - Hockey vs Bethel University, 2 p.m.
- November 2 - Daylight Savings - Turn Your Clocks Back One Hour
- November 3 - Music on Mondays: Meg Allison & Joshua Stevens, Northern Lights Lounge, 11:30 a.m. (S.P.A.C.E.)
- November 3 - CSA Full Board, Dowell 225, 8 p.m.
- November 4 - ELECTION DAY
- November 5 - Comedian Saillesh, Kiehle Auditorium, 7 p.m. (S.P.A.C.E.)
- November 6 - College 101 “Adventures Abroad” Bede Ballroom, 7 p.m.
- November 7 - Hockey vs Milwaukee School of Engineering, 7 p.m.
- November 7 - Volleyball vs Concordia - St. Paul, 7 p.m.

Golden Eagle’s Women Soccer Beat Wayne State 4-0 Submitted Article

UMC Women’s Soccer team wanted their final home game of the 2008 season to be a memorable one for their outgoing seniors. The Golden Eagles made sure that happened as they took care of business with a 4-0 shut-out victory over Wayne State College Sunday, October 26 in Crookston, Minn. in Northern Sun Intercollegiate Conference (NSIC) action.

In an extremely cold and blustery day, U of M, Crookston was not to be denied. Justine Jones (Jr, Fwd/Mid, Richland, Wash.) scored at 20:00 of the game off an assist from Alysia Lucero (So, Def, Albuquerque, N.M.) (cont. page 4)

Taking the LEED

by Spencer Dobson

Natural Resource majors Christopher Waltz and Eric Elgin recently succeeded in getting the New Student Dorm Centennial II Leadership in Energy and Environmental Design (LEED) interior commercial certified.

According to Waltz “We basically didn’t know how to go about it. We discussed how we are just two voices, and we need to make the student voice one. One voice in a crowd of two thousand students does not make a difference to the administration, to the Board of Regents, to anybody. We decided we had to make a unified voice.” They took their message of “Green Buildings” and “Sustainable Living” to the campus clubs.

Elgin recalls how the two “sent out an email to all the club presidents on campus saying that if you’re interested, get back with me and we can go and make our speech to them. So we started out like that and then we went to the CSA.”

In dealing with the Crookston Student’s Association (CSA) Elgin and Waltz had to first present their ideas to the executive board. After winning them over they were given access to the full board. “Then that’s where we gave a nice presentation on the steps to become a sustainable campus,” said Elgin. (cont. page 5)
Quitting is tough
Submitted Article

According to MayoClinic.com, smoking is the LEADING cause of preventable death in the United States. Men who don’t quit smoking lose an average of 13.2 years of life and women lose even more—an average of 14.5 years of life. Someone is going to miss you. Quitting is tough. You’ll need a plan. On campus contact Stacey Grunewald, Vicki Svedarsky or Laurie Wilson or go to QUITPLAN.com.

UMC Helps Fight Breast Cancer
Submitted Article

For every pink Yoplait® Yogurt lid you send in, Yoplait® will donate 10 cents to Susan G. Komen for the Cure®, up to $1.5 million. So tell your friends, coworkers, and classmates and start getting involved today. Clean Lids will be collected on campus until December 19 and are being collected at the Sargeant Student Center Information Desk ~ Sponsored by the Sargeant Student Center

Career and Counseling Corner

* Land O’ Lakes (formerly Partner’s Advantage and Agriliance) will be on-campus for an Information Session on Monday, November 3 at 6 p.m. in Bede Ballroom. They will be conducting interviews on Tuesday, November 4. If you are interested in interviewing please sign up with Meloni in 236 Student Center or by email at melonir.

* Check out the on-line résumé posting service GoldPASS at http://www.umcrookston.edu/ccs/career/GoldPass.htm. Our staff is here to help you with your job or internship search.

* Stop by 236 Student Center to schedule an appointment with a Career and Counseling Department staff person. They will be able to offer you tips and pointers on your résumé and assist you with your job and/or internship search.

* Tri College Career & Internship Fair is Wednesday, November 5th, 3 p.m. to 7 p.m., Ramada Plaza Suites, Fargo, N.D. Contact Lisa Gulland-Nelson at: lisa.gulland-nelson@ndsu.edu for info.

* UMC Job and Internship Fair is happening Wednesday, February 4th from 9 a.m. to 3 p.m., in Bede Ballroom.

* UMC students looking for help with resumes writing, interviewing techniques and Graduate School plan can find free online tutorials on the Career and Counseling Services web page. http://www.umcrookston.edu/ccs/
Volunteer Opportunities

MICAH Project—The MICAH Project is looking for help building their retreat center. Check out http://www.micahprays.com/ for more information on the MICAH Project and their build. See Lisa about setting up a date and time.

Bell Ringing for the Salvation Army Tuesday, November 25. We will be bell ringing for the Salvation Army outside of Wal-Mart. Looking for 2-3 people for each 2-hour shift. See Lisa Loegering for more information and to sign up.

Servers for “Gala for Girls.” This is a special event held Saturday, February 7 for girls and their fathers (grandfathers, uncles, etc.). We need approximately 10 people to serve dinner and clear dishes. The theme is “Hollywood,” complete with the red carpet, photographers, and dancing. Help make a special evening for girls K-12!

Humane Society—Need some exercise? Share a walk with a very appreciative dog! The Polk County Humane Society, 720 East Robert Street, is in need of dog walkers and other volunteers! Please contact Mary Solberg at 281-7225.

Humane Society Thrift Store—This new thrift store is a fundraiser for the Humane Society. Help is needed to sort items and in sales. Contact Betty Chapman at 281-3781 or 281-7225 for more information.

FREE Bowling

S.P.A.C.E. is sponsoring FREE bowling at Corral Lanes on Wednesday, October 29. There will be two sessions, one at 9 p.m. followed by a 10 p.m. sessions. You must sign up at the Sargeant Student Center Information Desk. Each session will be limited to the first 60 participants. Sign up today!

Everyone Invited to “Athletes Give Back Night” at the University of Minnesota, Crookston on October 28

UMC Athletic Department have announced that Tuesday, October 28 will be “Athletes Give Back Night” in Bede Ballroom on the university campus. The event begins at 7 p.m. and is open to all members of the community, families, faculty, staff and students of all ages.

“Athletes Give Back Night” is sponsored by the UMC Student Athletic Advisory Committee (S.A.A.C.). S.A.A.C. is a committee consisting of student-athletes assembled to provide insight on the student-athletic experience and to offer their input on rules, regulations and policies that affect the lives of student-athletes on NCAA member institution campuses.

“S.A.A.C. would like to invite the community, faculty/staff and student body out for “Athletes Give Back Night”, says Allison Zajicek, President of the UMC S.A.A.C. “It is going to be a fun-filled night of bingo and other games and will be a great event for families and participants of all ages. Prizes have been donated from several local businesses and refreshments will be provided.” For more information, visit the Golden Eagle Athletics Web site at www.goldeneaglesports.com.
Session 5: The 7 Habits of Highly Effective College Students Workshop

Submitted Article
Tuesday, Oct. 28, 7:00 PM, Dowell 220
A FREE 7 session workshop for students that improves and boosts educational performance.

- Build a solid foundation today to maximize success in an uncertain future!
- This is the most comprehensive approach to developing a foundation of educational success!
- This workshop will help you to deal with the challenges that affect your ability to adjust and succeed in college.

Sponsored by the Career and Counseling Department, questions, contact Don Cavalier - cavalier@umn.edu.

SHUT OUT! (cont.)
to put the Golden Eagles up 1-0. The second half was all U of M, Crookston as they scored three goals. Kelsey Palmer (So, Fwd, Crookston, Minn.) scored off an assist from Jones at 46:48. At 49:18, Jones made the score 3-0 off an assist from senior Alyssa Jensen (Sr, Fwd/Mid/Def, Rice Lake, Wis.). Megan Gibeault (So, Fwd, Green Bay, Wis.) closed out the scoring at 62:36 with an unassisted goal to give the Golden Eagles the 4-0 victory.

U of M, Crookston’s goaltending was stellar. Anna Ogaard (So, GK, Maple Grove, Minn.) and Leyla Castillo (So, GK, Miami, Fla.) combined on the shut-out recording one and two saves respectively.

Wayne State College falls to 1-16-1 overall and 1-10-0 in the NSIC. The University of Minnesota, Crookston improves to 3-14-1 overall and 2-9-0 in the NSIC.

Brighten Your Day With A Plant or a Jack O’ Lantern!!!

The Horticulture Club Is Selling House Plants: Christmas cactus, Jade Trees, Arrowhead Plants, Multi-Colored Wandering Jew, Soapworts, Spider Plants, and much more!!!!

Mondays 10 a.m. - 2 p.m. in the International Lounge
Monday, October 27 we will be selling PUMPKINS!!!!
A table will be set up to carve your own!!!
PLANT OF THE MONTH: GHOST PLANT!!!!!
“I went to the Campus Assembly last year and made basically the same speech as we did at CSA, and I asked the Chancellor when I was done to sign it (the petition supporting LEED certification), and he signed it,” recalls Waltz.

The endorsement of Chancellor Casey was a major victory for the two, but the fight was far from over. “When we gave speeches on LEED certification it was more than just informational, we tried to bring out the passion, we urged people to spread (the word). Two People can only do so much. We need more voices to speak about it, to be just as passionate as we are,” said Elgin. And there were, eventually activists like Megan Hulst and Marshall Johnson who were passing petitions around in every class, writing a story for the Eagle’s Eye and making appearances on Eagle One News. Other students followed suit, making signs, speaking in classes, donating valuable time and energy.

There was resistance to the plan from some corners because LEED Certification added an additional two to three hundred thousand dollars to the initial building cost. However, LEED buildings will start to pay back via saved energy costs in 7 to 12 years. As Elgin points out, “In a 100 year building, that’s 90 years of savings.”

Chris Waltz and Eric Elgin recently gave another speech to the CSA full board to say that their campaign for LEED Certification was successful. In their speech Waltz took time to point out that, while this had been a success, their work was far from over. “It’s just a building. Sustainability is really everybody working as one to recycle, to you know, shut off the lights, un-plug your appliances when you’re not using them. All that stuff is the true heart of sustainability.”
Brain Teasers

There were no correct guesses for last week’s puzzle below (left) which meant “double talk.” We will draw two winners from this week’s correct answers. Can you guess this week’s puzzle (below on the right)? If you think you know the answer, send an e-mail to melonir. Two winners will be chosen from the correct answers. The winners will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, October 30, 2008. The winner’s name will appear in the November 3, 2008 Eagle’s Eye.

Classified Ads

**Childcare Worker needed:** Wednesday mornings 10 a.m. - Noon during school year. Looking for energetic, loveable, and responsible person/s to help with 6-10 children at Cathedral School. Good Pay and very rewarding. Call 281-6303.

**Help Wanted** - Part-time Administrative Assistant Position with a long standing computer and technology company that also does live morning radio broadcasts across the midwest. 15 -20 hours per week. Days can be flexible with pre-arrangement. Perfect for the company would be 10 a.m.- 2:30 p.m. (or 11 a.m. - 3:30 p.m.) M-F. Duties would include helping to take the burdens off management in the clerical/support areas. Some office keeping up/some lifting of boxes/computer products required. If you are interested in this position please pick up a complete job description from Meloni in 236 Student Center or email melonir@umn.edu.

**Help Wanted** - Villa St. Vincent in Crookston, Mn is looking for energetic individuals to fill our TMA positions. These are part-time positions, working 5pm-9pm five days a week and every other weekend. Benefits available. For more information or to pick up an application contact Lori Simpson, Human Resource Director at 516 Walsh Street Crookston, Mn 56716 or (218)281-9733 lori.simpson@bhshealth.org

If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to Melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off campus ads will be charged $5 per ad. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.

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