Undergraduate Research Opportunities-Crookston (UROC) Available

In order to encourage undergraduate research on the UMC campus, funding has been set aside for projects approved on campus. The process for awarding these funds is separate from the University-wide UROP. All proposals submitted for campus funding need to be approved by the appropriate unit head and submitted to the Academic Affairs office by the following dates and times. Late proposals will not be considered. **Deadlines for submissions:** October 12, 2009, 1:00 p.m. – for spring semester 2010 projects; March 8, 2010, 1:00 p.m. – for summer and/or fall semester 2010 projects. For more information and guidelines email Barb Cournia at cournia@umn.edu.

---

**W.O.W. Event Wednesday, September 16**
**Singer/Songwriter Javier Colon**
**7 p.m. in the Northern Lights Lounge**

Singer/Songwriter Javier Colon has a captivating stage presence, soulful sound and true musical talent with an eclectic blend of R & B, Folk, Soul, Rock and even Country. Javier graduated from the University of Hartford School of Music where he started an R & B band. His first album was released in 2003 and his second album, Left of Center, came out recently. So grab a coffee from the Golden Eagle Grind and sit back and enjoy!

Sponsored by S.P.A.C.E.

---

**Register For This Year’s Golden Eagle Intramural Sports**

Now is the time to get your registrations in for this year’s intramural events. The University of Minnesota-Crookston intramurals will be hosting a co-ed flag football league/tournament, co-ed soccer and golf nights at Minakwa. Specific dates, times, rules and regulations will be released on Monday September 14, 2009. In the mean time, get your teams ready and registered. There is a 2 female minimum for soccer and flag football. Intramurals are a great way to have fun playing a sport you enjoy or even try a new sport.

You can register by submitting a registration sheet to Coach Garza in Sports Center 142 anytime this week. For questions, call 218-281-8189 or 218-289-7066.

---

**Vote For Your CSA Senators This Week!**
**9-15 and 9-16**
**10 a.m. to 2 p.m.**

Come out and vote for your Crookston Student Association (CSA) Senators on Tuesday, September 15 and Wednesday, September 16. Elections are being held to fill 5 Senator positions this fall and every vote counts. Voting will take place in the Northern Lights Lounge from 10 a.m. to 2 p.m.
Volunteer Opportunities

* **Help with move:** We have a request for 4-6 people to assist a senior citizen move. He is 89 years old, and has spent the last two weeks in Villa St. Vincent, a nursing home, recovering from an illness. He is ready, and very anxious, to move back into his home. Because he knew this was a short-term stay, he only brought his necessities. He says everything can be moved in two pick-up loads and would not take more than two hours. He would like to move next Tuesday afternoon. If you have a group of 4-6 people able to help, please contact Lisa Loegering at 8526 or loege005@umn.edu as soon as possible.

* **Humane Society:** The Humane Society is run by volunteers. There is a huge need for volunteers to help clean cages from 9:30 – 10:30 or 11 a.m. every day. Additionally, dogs love to be walked! Get some exercise and share a walk with a very appreciative friend! The Polk County Humane Society is located at 720 East Robert Street. Please contact Mary Solberg or Tracy Janisch at 281-7225 to schedule a time to volunteer.

* **Mt. St. Benedict CSA Gardens:** Crookston’s own community supported agriculture garden is in need of weeding and harvesting. Be prepared to get a little dirty, get some fresh air, and see one of the most beautiful areas of Crookston! For more information, contact Scott Hoffman at 281-3441.

* **Crookston Storefronts:** The Beautification Committee, part of the Crookston Chamber of Commerce, is hoping to clean up storefronts in Crookston and has offered us a great deal! If you have a club or organization that you would like to “advertise” in a local storefront and are willing to help clean up the window display area, they will work with you to make it happen. For more information, please contact Lori Wagner or Sandy Kegler at the CVB, 281-4320.

* **Teaching Assistants:** Crookston Head Start provides high quality, comprehensive services to high-risk children and their families. Community volunteers are invited to assist in the preschool classrooms. Kids and teachers love the extra help and attention with the curriculums, which include everything from reading, helping with projects, physical activities, working in small groups, singing, tying shoes...etc. It’s lots of fun and never a dull moment! Classrooms run Monday-Thursday from 8 a.m. - 12:30 p.m. For more information, please contact Angie Lockwood at 281-0547.

* **Data Entry:** Polk County Public Health needs assistance with data entry related to H1N1 vaccines and cases. For more information, please contact Terri Oliver at 281-3385.

* **Youth mentors/family partners** are needed for youth or families with children who have mental health disabilities. Mentors serve as a friend, listener, tutor, coach, and confidant. For more information, please contact Norma Campos at 701-335-4191 or norma@tvoc.org.

* **North Country Food Bank** is looking for assistance with their backpack and food distributions programs. Each month they fill 1700 boxes and 500 backpacks. Please contact Lori Tate or Suzie Novak at 281-7356 for more information.

* **Share your talents at the Care and Share!** Our local homeless shelter is at full capacity. Volunteers are needed to assist with a variety of tasks including covering an evening or overnight shift, assisting with office work, or teaching an activity or hobby. Volunteers in the past have taught art lessons to kids, organized volleyball tournaments, assisted with résumé writing and computer skills, cooked and served dinner, planted flowers and lots of other things! For more information, please contact Carol Gregg or Rachel Trontvet at 281-2644.

* **Social Capital Surveys:** Volunteers are needed to conduct phone surveys as part of a research project on social capital in the city of Crookston. Surveys take approximately 15-20 minutes to complete over the phone. As you read the survey to those called, you record it on a computer. A calling center will be set up at UMC from 5 – 8 p.m. on the following dates: Monday – Thursday, Sept. 14 – 17 and Sept. 21 – 24. Snacks will be provided! If you are interested in assisting, please contact Dr. Peter Phaiah.

---

**Sargeant Student Center Information Desk Hours**

**Monday – Friday:** 8:00 a.m. – 10:00 p.m.

**Saturday:** 1:00 p.m. – 6:00 p.m.

**Sunday:** 2:00 p.m. – 10:00 p.m.
Upcoming Events

♦ September 14 - Study Abroad Fair, Northern Lights Lounge, 10 a.m. - 2 p.m.
♦ September 15 & 16 - CSA Voting, Northern Lights Lounge, 10 a.m. - 2 p.m.
♦ September 16 - W.O.W. Singer/Songwriter Javier Colon, Northern Lights Lounge, 7 p.m., sponsored by S.P.A.C.E.
♦ September 17 - Thursday Commons: Diversity Discussion with Rusty Barcelo, Ph.D., Bede Ballroom, 12 - 2 p.m.
♦ September 18 - Maroon and Gold Friday. Show your support!
♦ September 19 - Fly-in/Drive-in Pancake Breakfast, Crookston Municipal Airport, 8 a.m. - 1 p.m.
♦ September 23 - W.O.W. Grand Movie Night, Grant Theater in Crookston, 7 & 7:15 p.m.
♦ September 24 - CSA Full Board meeting, 12 p.m., Dowell 225
♦ September 25 - Golden Eagle Soccer vs. Bemidji State, 3 p.m.
♦ September 25 - Golden Eagle Volleyball vs. Concordia - St. Paul, 7 p.m.
♦ September 25 - Pat Surface Concert, Northern Lights Lounge
♦ September 26 - Golden Eagle Volleyball vs. St Cloud State, 4 p.m.
♦ September 27 - Golden Eagle Soccer vs. Minnesota Duluth, 1 p.m.
♦ October 1 - Fall Convocation, 12 - 2 p.m., Kiehle Auditorium
♦ October 1 - UTOC Open House, 4 - 7 p.m.
♦ October 1 - Homecoming Coronation, 8 p.m., Kiehle Auditorium
♦ October 1 - Homecoming Dance, 9 p.m. - 12 a.m., Bede Ballroom
♦ October 2 - Dedication of Evergreen Hall
♦ October 2 - Golden Eagle Volleyball vs. Minnesota State, 1 p.m.
♦ October 3 - Homecoming Activities, 11 a.m. - 6 p.m.

Forx Film Festival Call For Entries

The 2009 Forx Film Fest is now accepting entries. This eighth annual festival will be held the weekend of November 6-7, 2009 at the historic Empire Arts Center in downtown Grand Forks. The deadline to submit a movie for screening at the 2009 Forx Film Fest is October 2 (mailing postmark) or October 5 for hand-delivery.

Entry fees are $15 for short movies (under 45 minutes) and $20 for feature-length (45 minutes or longer). The entry fee for student movies of any length is $10. Winners in each category will receive an award certificate plus a cash prize derived from the entry fees. An additional certificate will be awarded for “Audience Favorite.” Entry categories include Short (under 45 minutes), Feature (45 minutes or over), Documentary, Music Video, Animated, and Student Production.

Official movie selections will be screened for the public at the Empire at three screening sessions. Evening sessions on Friday, November 6th and Saturday, November 7th will begin at 7:00 p.m. An afternoon session on Saturday, November 7th will start at 1:00 p.m. A morning panel discussion/Q&A on making movies will be held at 10:30 a.m. Saturday, November 7th. Admission fees to attend are $10 for each session or $25 for the entire festival. People whose movies are scheduled to show at the film festival will be able to purchase the full festival pass for $15. The Saturday morning panel discussion is free and open to the public.

Entry forms can be downloaded through the Empire’s website at www.empireartscenter.com. Entries should be sent to the Forx Film Fest at the Empire Arts Center, 415 DeMers Avenue, Grand Forks, ND 58201.
University of Minnesota H1N1 Update

This year there is potential for unusual challenges with the addition of the 2009 H1N1 influenza. Campus officials have refined plans to deal with the challenges that may arise, and they will keep the campus community informed via the web, e-mail, and other means. Anyone with specific questions about the H1N1 influenza should contact Stacey Grunewald in Student Health.

Frequent hand washing and covering coughs are two good strategies to minimize the spread of this virus. Plans have been made to place hand sanitizer bottles throughout the campus as well. Updated guidelines for cleaning and disinfecting commonly touched areas such as handrails, classroom tables, and countertops have been established and are in the process of being implemented.

Since the U of M has asked the campus to report the number of ILI (influenza like illness) along with H1N1 on a weekly basis, it is important for faculty, staff, and students to contact Student Health if they have the following symptoms: fever, cough, sore throat, stuffy nose, body aches, headaches. Those who report these symptoms will be asked to stay in their residence hall room or at home until they no longer have a fever for 24 hours without the use of medication. As a result, the campus may see a higher incidence of absenteeism as the H1N1 continues to make its way through our area.

It is vitally important for students to contact their faculty instructors in all cases to maintain a good level of communication regarding absences and expectations for course material, assignments, reports, and tests. Likewise, patience and flexibility are asked of students in courses where a faculty member may have taken ill.

By working together to minimize the spread of H1N1 and by maintaining good communication at all levels, we will overcome the challenges posed by this unusual situation.

For more information on H1N1 go to the Center for Disease Control web site at http://www.cdc.gov/H1N1FLU/.

Tutoring Services Available in AAC/SSS Offices

The Academic Assistance Center / Student Support Services (AAC/SSS) offers a service campus wide to students whether first entering the institution or Juniors and Seniors. We understand that everyone could use a helping hand from time to time with their course work. For those who request it, we offer Academic Tutors, made up of students recommended by your instructors, to help out with your courses. Many of our Academic Tutors have also taken advantage of this service in the past, just like you, so they understand what it is like to need a little “helping hand” in certain classes. Come visit us at 270 Owen (Second floor of the One Stop) to see what we have to offer and/or pick up a request for assistance card at the front desk to get the help you need and make a few new friends along the way. This is free to all students.
Intramural Golden Eagle Golf Outing
At the Minakwa Country Club
901 Fisher Avenue Crookston, MN
4-7 p.m.
Dates:
Monday 9-14
Monday 9-21
Monday 9-28
Monday 10-5

Registration is restricted to first 30 students. Call Minakwa Golf Course to set up your tee times. Clubs are available for use with a deposit. Students must present their UCard to participate. Students must also register with the Intramural Office before participating and can do so with this form: http://www.goldeneaglesports.com/intramurals/docs/UMCIntramuralEntryForm.pdf

Golden Eagle Volleyball
“Digs Pink” On October 17th against MSUM

The Golden Eagle Volleyball team is joining thousands of high school and collegiate volleyball programs across the country by hosting a Dig Pink event. We have designated our match versus MSU Moorhead on October 17th as our Dig Pink match, and we need your help in reaching our fundraising goal of $2000.

You can show your support by purchasing one (or more!) of our limited-edition Golden Eagle Volleyball Dig Pink t-shirts. These shirts are available for a very limited time only, so purchase yours today! We’d like to have all of our fans show their support by wearing their pink shirt to our match against MSU Moorhead.

T-shirts are only $10.00 (plus shipping) and 100% of the profit from shirt sales will be donated to Dig Pink and the Side-Out Foundation. You can save on your shipping costs by increasing your shirts per order, so we encourage you to order as a group so that you get the best deal. All orders and payments will be processed online through Impact Sports.

Online ordering will close on September 22nd in order to ensure that you will receive your t-shirt by October 17th so don’t delay. Order today!

Our Community Assessing Social Capital Research

UMC students are asked to volunteer to help conduct phone survey for a local research project. The assessment, Our Community Assessing Social Capital, focuses on the identification of social capital components of trust, connections (networks) and civic involvement (action) to provide information that defines community strengths, liabilities, and options in communities as they focus on specific issues. We need your help making a few telephone calls to random individuals in the area. Most individuals being called will be aware of the project.

In an effort to maximize our efficiency, we have established various calling centers throughout campus for evening calls. We would like to have members of the UMC community sign-up for at least one evening of calling from 5-8 p.m. on the following dates: Monday, Sept. 14 - Thursday, Sept. 17, Monday, Sept. 21 - Thursday, Sept. 24

There will be a brief training session on each of these evenings from 5:00-5:15 p.m. in the Minnesota Room. It is most efficient if callers have their laptops to enter the participants’ responses directly into SurveyMonkey.

Contact phaiah@umn.edu so adequate call stations and snacks can be made available. These calls will be considered community service hours for student organizations.

All callers will receive a drawing ticket for each hour they volunteer. There will be a drawing for a $50 UMC Bookstore Gift Certificate and an IPOD (Nano 8 g) with a $15 I-TUNE card.

Publication Information

* The Eagle’s Eye is published by the Student Center weekly September through May. Copy deadline is noon on Thursday of each week. Please send items for the Eagle’s Eye electronically to Meloni Rasmussen, Senior Administrative Specialist, at melonir@umn.edu, or drop the copy off at the Student Center Info Desk. Disability accommodations will be provided upon request for all events. The University of Minnesota is an equal opportunity educator and employer. The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation.

* We reserve the right not to publish any article/submitted question that is deemed inappropriate and/or is in violation of University policy, State or Federal law. All content must establish and nurture an environment that actively acknowledges and values diversity and is free from racism, sexism and other forms of prejudice, intolerance or harassment, for men and women, faculty, staff and students from varying racial, religious and ethnic backgrounds and of varying sexual orientations, as well as people with disabilities.

* If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to Melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Ads will run for two weeks if space allows. We reserve the right to reject any ads.
Fly-In/Drive-In Pancake Breakfast
September 19, 2009

Come and join us for our annual Pancake Breakfast from 8am to 1pm!
Sponsored by UMC’s Aviation Fraternity- Alpha Eta Rho, and Crookston Aviation. We will be serving pancakes, eggs, sausages, coffee, and orange juice.

Cost
In Advance $6.00
At Door $8.00
Kids ages 12-4: $3.00
Ages 3 & under Free

Free Breakfast for Pilot in Command

Come and join us for our annual Pancake Breakfast from 8am to 1pm!
Sponsored by UMC’s Aviation Fraternity- Alpha Eta Rho, and Crookston Aviation. We will be serving pancakes, eggs, sausages, coffee, and orange juice.

Crookston Municipal Airport (KCKN)

Airport Manager:
Lowell Miller
26305 Airport Road SW
Crookston, MN 56716
Phone: (218)281-2625

The Crookston Classic Cruisers and their vehicles will be on display free of charge at the Crookston Airport.
University Relations invites all students, faculty, and staff to take part in an activity that will help promote our campus.

If you are interested in taking part and are not involved with classes or other meetings during the scheduled time, wear maroon and gold clothing and gather at the south entrance of Sargeant Student Center on Wednesday, September 16, from 2 to 2:30 p.m.

We will be working with KVLY TV on a video shoot for an “Invest in Your Valley” promotional spot that will air on channels 4, KXJB, and 11, KVLY, in October. The goal is to gather a sea of people wearing maroon and gold for this video ad.

This is purely voluntary, and your participation will serve as consent to be photographed for the video and related photos.

In the ad, Amber Evans-Dailey, director of admissions and enrollment management, will speak the lines. At the end, the entire group will say "Invest in your valley" together. The video will be shot from either the top of Hill Hall or from a lift so we can get the group in the shot with the student center as a backdrop. John Zak will also take a group photo of all who gather for this event.

Script for 15-second TV spot:

**DID YOU KNOW... WITH ANOTHER YEAR OF RECORD ENROLLMENT**
**THE UNIVERSITY OF MINNESOTA, CROOKSTON NOW WELCOMES STUDENTS FROM MORE THAN 20 COUNTRIES AND 35 STATES!**
**WE’RE THE SMALL CAMPUS WITH THE BIG UNIVERSITY OF MINNESOTA DEGREE, AND EVERY DAY WE INVEST IN YOUR VALLEY!**

We hope to see as many of you as possible! This should be fun.

We are working on an alternative site if the weather is uncooperative, but that site has not yet been confirmed.

**Golden Eagle Soccer Team Shuts Out University of Great Falls 3-0**

Anna Ogaard (Jr, GK, Maple Grove, Minn.) posted her second shutout of the season and Megan Gibeault (Jr, Fwd, Ashwaubenon, Wis.) scored a goal and added two assists as the University of Minnesota, Crookston defeated the University of Great Falls 3-0 Saturday afternoon in Bismarck, N.D. in a non-conference match.

The Golden Eagles took control in the first half and never looked back. Justine Jones (Sr, Fwd, Richland, Wash.) opened the scoring at 32:00 off an assist from Gibeault. Kaitlyn Ostergren (Fr, MF, Lino Lakes, Minn.) got into the act at 41:00 off an assist from Gibeault to make the score 2-0. U of M, Crookston closed out the scoring at 68:00 when Gibeault capped her stellar day with an unassisted goal to make the score 3-0.

Ogaard continued her outstanding play in net with 11 saves.

The Golden Eagles fell to Montana State University - Billings 4 - 0 on Sunday, September 13. The Golden Eagles are 2-3-1 on the season. They return to action on Saturday, September 19 and Sunday, September 20 when they open Northern Sun Intercollegiate Conference (NSIC) action on the road against Winona State University and Upper Iowa University respectively. Both matches will start at 1 p.m.
Brain Teasers

Last week’s winner is Gemma Schmitz. Gemma knew the puzzle on the left meant “Mixed Metaphor.” She can pick up her free movie pass from Meloni in 236 Sargeant Student Center. Can you guess this week’s puzzle (on the right). If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, September 17, 2009. The winner’s name will appear in the September 21, 2009 Eagle’s Eye.

Classified Ads

* **Position available** - Childcare leader wanted: Starting mid September, every Wednesday morning 10 a.m. - Noon during the school year. Will lead an already prepared lesson, crafts and snacks. Must be responsible, energetic, and love kids. Great pay and great kids for 2 hours a week!! Call: Melissa @ (218) 281-6303.

* **Position Available** - Crookston Parks & Recreation has an immediate opening for a part-time teacher’s aid for licensed preschool program. Hours are 7:30 a.m. - Noon, Mondays and Wednesdays at Highland Park Complex. Winter Session is September 14 - December 9, 2009. Spring Session is January 4 - April 20, 2010. Contact Scott Kleven, Crookston Parks & Recreation (218) 281-1242.

* **Position Available** - The Academic Assistance Center/Student Support Services (AAC/SSS) is looking for academic tutors in most subjects. If you received an A or a B in any course and would be interested in tutoring, stop by at 270 Owen Hall. Tutoring pays $7.25 per hour and we work around your schedule. You may tutor as little or as much as you would like. Specifically, we need ecology, chemistry, macro economics, psychology, accounting I and II, and any business tutors. If you are interested in tutoring any of these or something else, please stop by to pick up the appropriate forms.

* **Position Available** - Beet Truck Driver, Flexible Hours. Call (218) 280-0980

* **For Rent** - One bedroom apartments are available at Prairie View Apartments in Fisher, MN. This smoke-free multi-family single-story complex features: security doors, laundry facility, spacious common area, off-street parking with plug-ins available and all utilities included with affordable rent. Call 218-637-2431 today for an application or see our website at www.nwmnhra.org.

---

**Snap Fitness**

Snap Fitness is the perfect workout facility for college students! We are a 24 hour state-of-the-art workout facility with NO CONTRACTS and ridiculously low membership dues for students!

- Snap Fitness is unique because we offer:
  - No contracts – Perfect for college students who leave for the summer!
  - Nearby and open 24/7, with access to over 1,500 Snap’s world wide!
  - FREE Online Training Center to track and monitor your success!
  - Membership prices as low as $5 a month with qualified insurances!
  - Unlimited tanning available with a Hex stand – up booth!
  - Get into shape with our Nintendo Wii and Wii Fit!
  - FREE equipment instruction & total body assessment with a personal trainer!

**BACK TO SCHOOL SPECIAL!!**

Sign up Now & Get 1 FREE Month & pay $0 for enrollment!

Must bring in coupon

404 North Broadway (Downtown)
218-281-SNAP
www.snapfitness.com/crookston

Paid Advertisement