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Student Health along with Polk County Public Health will be welcoming back students Wednesday, September 1, from 11:00 a.m. to 1:00 p.m. in the Sargeant Student Center.
Giving away FREE popcorn and info!

Bill LeBlanc blends his comedy insights with his career in energy efficiency and technology. He travels around the U.S. talking with people about their energy use habits, but there’s always a twist because humans don’t behave well. They screw things up and generally don’t know much about energy, which is true, sad, and funny. Bill is also a stand-up comedian, performing primarily at the big clubs in Denver and Colorado. He recently won the Boulder Comedy Contest, and has been a two-time finalist in Colorado’s big New Faces Contest.

Co-sponsored by UMC Student Activities and Otter Tail Power Company.

The September 2, 2010 Thursday Commons will be held at 12:30 p.m. in Bede Ballroom. The Campus Energy Challenge is proud to bring comedian and energy-efficiency expert Bill LeBlanc back on stage for this year's first Thursday Commons. As Senior Advisor for E-Source, Bill LeBlanc speaks to groups around the United States about making energy efficiency more understandable and appealing to the average person. Bill’s presentation will focus on the social marketing of energy-efficiency behaviors. Questions are encouraged!

E Source provides independent research, advisory, and information services to utilities, major energy users, and other key players in the retail energy marketplace. Its mission is to increase the effectiveness of energy-related programs and support the efficient and environmentally sound use of energy.
All students, staff, and faculty are welcome.
Volunteer Opportunities

**Home Delivered Meals:** Service Organizations in Crookston take turns delivering Home Delivered Meals. UMC is scheduled to deliver meals September 6 – 10. Meals need to be picked up at RiverView Hospital at 11:30 a.m. The deliveries usually take about 30 minutes. You can expect to be back at UMC by 12:15 p.m. If you aren’t all that familiar with Crookston, don’t worry! You are provided with a map and very specific directions. Grab a friend to help navigate! The Home Delivered Meals program allows the elderly more independence by allowing them to stay in their homes longer. This program can’t run without volunteers like you! The recipients are extremely grateful for this service. Currently, we need four drivers each day. If you are able to help out, just let Lisa Loegering, loege005@umn.edu, know what day(s) work best for you!

**Habitat for Humanity:** Learn some handy household skills while helping out a wonderful family! House #13 is currently under construction. There are opportunities most Saturdays for students to assist with the build from 9 a.m. to 3 p.m. I will send out notices for specific dates as we know the schedule, but if you are interested in being on the "Habitat Volunteer List," please let Lisa Loegering know.

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**Campus Receives 2010 Beautification Award from the Crookston Area Chamber of Commerce**

The University of Minnesota, Crookston was presented with the Lifetime Achievement Beautification Award by the Crookston Area Chamber of Commerce during Ox Cart Days on Sunday, August 22. The award was given in recognition of the work done by the campus to beautify the community through maintaining the flowers, gardens, and landscaping over the years.

From the initial work to develop the Curtis Rude Memorial Gardens to the work done by Jerry Rude for many years in designing and expanding campus gardens to the continued work by staff in the Facilities and Operations Department, citizens of Crookston and visitors from all over have been able to enjoy the beauty of the campus. Accepting the award on behalf of the campus was Brian Christensen, maintenance supervisor, who credited the work of staff members Neil Vraa, Greg Benoit, Theresa Helgeson, and Sue Jacobsen as well as summer interns Kenny Mendez, Mark Michalski, and Tammy Wroblewski. The award will be placed in the display case between Dowell Hall and Sahlstrom Conference Center.

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**Club Fair**

**Wednesday**

**September 8, 2010**

11 a.m. - 1 p.m.

Northern Lights Lounge

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**Enlow Computing Services**

**Computer Related Services - Here in Crookston**

- Hardware - Software Repair (lowest price in the region)
- Microsoft Office Tutoring
- Preparing Presentations
- Web Design

**10% OFF FOR STUDENTS AND FACULTY**

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218-281-9964
**Upcoming Events**

- **September 1** - Student Health Welcome Back (Free Popcorn), 11 a.m. - 1 p.m., Northern Lights Lounge
- **September 1** - What’s on Wednesday (WOW) Campus Energy Challenge, 8 p.m.
- **September 2** - Football vs Mayville State, 6 p.m.
- **September 4** - Grand Movie Night, 9 p.m.
- **September 4** - Open Swim, 4-6 p.m., Community Pool
- **September 6** - Labor Day, No Classes, Offices Closed
- **September 7** - Soccer vs Bemidji State, 4 p.m.
- **September 8** - Club Fair, 11 a.m. - 1 p.m., Northern Lights Lounge
- **September 8** - WOW Movie Night on the Mall
- **September 9** - CSA Full Board Meeting, Dowell 225, Noon - 2 p.m.
- **September 8** - Club Fair, 11 a.m. - 1 p.m., Northern Lights Lounge
- **September 13 & 14** - Homecoming Nominations, 10 a.m. - 2 p.m., Northern Lights Lounge
- **September 13** - Study Abroad Fair, 10 a.m. - 2 p.m., Northern Lights Lounge
- **September 13** - Kick off for “21 Days to Success”
- **September 15** - Volunteer Fair, 11 a.m. - 1:30 p.m., Northern Lights Lounge
- **September 15** - Comedian Pete Lee, 8 p.m., Kiehle Auditorium
- **September 17** - Volleyball vs University of Minnesota, Duluth, 7 p.m.
- **September 18** - Football vs MN State, 1 p.m.
- **September 18** - Volleyball vs Bemidji State University, 4 p.m.
- **September 18** - SAAC Late Night
- **September 19** - Res Life Vikings Trip
- **September 12 through 25** - Homecoming Week

**Notes From Student Health**

**Welcome New and Returning Students!** Student Health is located at 145F in the Sargeant Student Center in the doorway next to the big screen TV. It is staffed by a Registered Nurse, Stacey Grunewald, who is on campus Monday through Friday, 8:30 am to 4:00 p.m. There is no charge to visit the nurse and there are various over the counter medications available free of charge. You are welcomed to stop by anytime during office hours, however, it is helpful to make an appointment by calling 281-8512 or emailing Stacey at sgrunewa@umn.edu. There is also a family physician, Dr. Kanten, who is on campus most Wednesdays from 3:30 to 4:30 and there is no charge to be seen by him. You must make an appointment to see the doctor by calling Stacey, 281-8512. Again, Welcome and have a Safe and Healthy Semester!!

**Urgent Care in Crookston:** There is an Urgent Care Facility located within RiverView Hospital in Crookston that is open from 7:00 am to 8:00 p.m., Monday through Friday, and 9:00 am to 1:00 p.m. Saturday and Sunday. The cost is similar to a regular office visit and there is no need to make an appointment.

**Local Clinics in Crookston:** There are two local clinics located in Crookston to help you with your health care needs.

- **RiverView Health** is located within the RiverView Hospital at 323 S. Minnesota Street. You can call 281-9595 for an appointment.
- **Altru, Crookston** is the other local clinic and is located adjacent to RiverView Hospital at 400 S. Minnesota Street and there appointment number is 281-9100.

**Polk County Public Health:** PCPH is located at 721 S. Minnesota Street and is a facility that can assist you with your family planning needs, such as – birth control pills, pregnancy testing, STD screening, pap smears, etc. They charge based on a sliding fee scale which means you pay based on your income. It is a very affordable option. You can make an appointment to see the Family Planning Nurse by calling 281-3385.

**Medication Therapy Management (MTM) for UPlan members.** Medication Therapy Management is a patient care service in which you have face-to-face meetings with a specially trained pharmacist who can help you improve the quality and effectiveness of your medication therapy program. The University will offer the MTM program to eligible UPlan members. If you are interested you must call Todd Johnson at 218-736-8157, or email him at johns442@umn.edu to set up an appointment. The next date for MTM at UMC will be Thursday, September 9th, SSC 244.

**Can You Help - Fill the Bus?**

The Crookston Rotary Club is hoping to repeat – or even surpass – the success of last year’s inaugural “Fill the Bus” campaign for the upcoming school year. From now until the first day of school for students, September 9, 2010 new school supplies – anything kids can use in school such as backpacks, pencil cases, notebooks, lunch boxes, writing instruments, folders, calculators, paper and erasers, to name a few – are being accepted to help our children in the elementary schools. Following the collection period, the supplies will be proportionately distributed to all elementary schools, including parochial, in Crookston. They will then be made available for children who, for one reason or another, need them. There are several drop off locations around town- otherwise please drop them off at Polk County Public Health or email Sarah at sreese@pcphealth.org to have the items picked up. Thanks a million!
Despite any rumors you may have heard, tutoring is still available and is still free to all students attending the Crookston campus.

While it is true that the Academic Assistance Center lost its Federal SSS grant, Chancellor Casey and Senior Vice Chancellor Baldwin have provided the funding for us to continue offering services for the school year, with very few changes.

From now until Labor day, our hours of operation will be 8:00 a.m. to 4:30 p.m., M-F.

Beginning after Labor Day, our hours of operation will be from 8:00 a.m.

Students in Free Enterprise (SIFE) Meeting: All interested students, faculty, and staff are invited to attend the year’s first SIFE meeting, which will take place on Monday, August 30 at 4:00 p.m. in Dowell Hall 106. Come and enjoy some free food and beverages while getting to know one of the most successful student organizations on our campus!

Collegiate FFA Club Meeting: Will be meeting Monday, August 30 at 5:30 p.m., in UTOC 130. We will be nominating officers for the upcoming year and discussing new ideas for the club.

Pre-Vet Club Meeting: Are you interested in Veterinary Medicine? If so, you are invited to the first Pre-Vet club meeting of the year! Will be meeting Monday, August 30, 5 p.m., in UTOC 120 (big classroom). If you are interested in the club, but unable to attend, please contact Mindy at nieuw006@umn.edu.

S.P.A.C.E. Meeting: Have an idea for a Wednesday Night Event? Want to see a specific event happen on campus? Join S.P.A.C.E. (Student Programming & Activities for Campus Entertainment). The meeting will be held Monday, August 30 at 5 p.m. in the Leadership Room, Second Floor Sargeant Student Center.
Introducing the **new** and **improved**

**Minnesota Family Planning and STD Hotline!**

- Check out our new website at sexualhealthmn.org
  - Chat online
  - Text a question
  - Call the toll-free hotline

For more information about our services or to order promotional materials please contact us at info@sexualhealthmn.org
Brain Teasers

Last week’s winner is Kayla Sherod. Kayla knew the puzzle on the left meant “Domino.” She can pick up her free movie pass from Meloni in 236 Sargeant Student Center. Can you guess this week’s puzzle (on the right)? If you think you know the answer, send an e-mail to melonir. A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, September 2, 2010. The winner’s name will appear in the next Eagle’s Eye.

9 1 8 6 2 4 3 5 7
3 5 6 7 8 9 1 4 2
2 7 4 1 5 3 6 9 8
1 8 3 2 6 5 4 7 9
6 2 7 9 4 1 8 3 5
4 5 3 7 8 2 6 1
8 4 2 5 3 7 9 1 6
5 3 1 8 9 6 7 2 4
7 6 9 4 1 2 5 8 3

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Sign them up, too, and get a $10 Sam’s Club® Gift Card.

Sharing your shopping strategy can really pay off: Bring your friends to Sam’s Club to sign up for Collegiate Membership, and you’ll receive a $10 Sam’s Club Gift Card for each referred student who joins.

* If you would like to include an ad in the classified section of the Eagle’s Eye, email your request to melonir or drop your ad off in 236 Student Center. Ads will be included in the Eagle’s Eye FREE of charge to students, faculty and staff. Off campus ads will be charged $5 per ad. Ads will be included on a first come first served basis. Ads will run for two weeks if space allows. We reserve the right to reject any ads.

* The Eagle’s Eye is published by the Student Center weekly September through May. Copy deadline is noon on Thursday of each week. Please send items for the Eagle’s Eye electronically to Meloni Rasmussen, Principal Office & Administrative Specialist, at melonir@umn.edu, or drop the copy off at the Student Center Info Desk. Disability accommodations will be provided upon request for all events. The University of Minnesota is an equal opportunity educator and employer. The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation. We reserve the right not to publish any article/submitted question that is deemed inappropriate and/or is in violation of University policy, State or Federal law. All content must establish and nurture an environment that actively acknowledges and values diversity and is free from racism, sexism and other forms of prejudice, intolerance or harassment, for men and women, faculty, staff and students from varying racial, religious and ethnic backgrounds and of varying sexual orientations, as well as people with disabilities.

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