W.O.W.: One Woman Show ‘They Call Me Q!’ featuring Qurrat Ann Kadwani - free and open to the public

What’s on Wednesday? “They Call Me Q!”
Who is Q? Why do they call her Q? Travel with Q as she goes on a journey to find herself amidst 13 characters in 60 minutes based on her traditional Indian parents, Caucasian teachers, Puerto Rican classmates, African-American friends, and an Indian girl she meets in India.

Life wasn’t easy growing up in the Bronx, but will Q be able to reconcile being Indian and American? “They Call Me Q!” Wednesday, March 12, 7 p.m., Kiehle Auditorium, UMC - free and open to the public, sponsored by UMC’s Office of Diversity and Multicultural Programs

2014 International Dinner Series: the Japan

On March 10, the evening will take you to Japan where Riho, an accounting major will share the traditions and beauty of her country in her presentation on “Japan and its Traditions.” The International Dinner Series is one of the traditions of the Multicultural International Club. This year’s International Dinner Series series will feature Togo on March 24. The series will conclude with the April 2 Multicultural and International Dinner featuring food and performances from across the globe.

Tickets for the public and faculty and staff are $15 for each dinner. Students may use their meal plan or pay $35 for the series. Contact Rae French at rfrench@umn.edu or 218-281-8339.
Volunteer Opportunities
Community Service Opportunities

North Country Food Bank
Russ Tate from the North Country Food bank has a great need for volunteers to pack boxes and backpacks and nobody scheduled for the next three weeks. Clubs, if you have a group and are available to pack any evening. Please contact Russ at 218-280-2926. If you don’t get an immediate answer, please leave a message and Russ will return your call.

Month of the Young Child Family Festival
Thursday, March 27 * 5:30 – 7:30 p.m.
Crookston High School Gymnasium - Volunteers needed to assist with children’s activities during the MOYC event. This year’s theme is “Spring into Action.” If interested, please contact Lisa Loegering at loege005@umn.edu.

Special Olympics Track Meet
East Grand Forks Senior School, 1420 4th Ave NW, East Grand Forks - Saturday, May 3 (tentative date) 8:30 a.m. to 12 noon - Special Olympics Teams from across the region participate in this annual track meet. Several volunteers are needed to help run this tournament including timers, athlete escorts, and field event coordinators. To sign up to volunteer or find out more information you can visit www.specialolympicsgf.org or visit with Josh Parrill in the AAC (Owen Hall 270).

Web site: http://www1.crk.umn.edu/services/ce/
Facebook: https://www.facebook.com/umcrookstoncommunityservice/posts/560180207363933#!/umcrookstoncommunityservice

Do You Have Questions About Health Insurance?

MNsure is a new insurance marketplace where Minnesotans can find, compare, choose and get quality health care coverage that best fits their needs and budget.

If you or someone in your household is not currently insured, please take a minute to review the MNsure information on the Tri-Valley website at www.tvoc.org/services/mn-sure/.

For more information on MNsure, contact Misty Lundbohm at 218-528-3258 or Mitch Bakken at 218-281-5832.
The History of Women’s History Month

In the United States, Women’s History Month traces its beginnings back to the first International Women’s Day in 1911. In 1978, the school district of Sonoma participated in Women’s History Week, an event designed around the week of March 8, International Women’s Day.

In February of 1980 President Jimmy Carter issued a presidential proclamation declaring the week of March 8th, 1980, as National Women’s History Week. The proclamation stated, “From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well. As Dr. Gerda Lerner has noted, ‘Women’s History is Women’s Right.’ It is an essential and indispensable heritage from which we can draw pride, comfort, courage, and long-range vision. I ask my fellow Americans to recognize this heritage with appropriate activities during National Women’s History Week, March 2-8, 1980. I urge libraries, schools, and community organizations to focus their observances on the leaders who struggled for equality - Susan B. Anthony, Sojourner Truth, Lucy Stone, Lucretia Mott, Elizabeth Cady Stanton, , Harriet Tubman, and Alice Paul. Understanding the true history of our country will help us to comprehend the need for full equality under the law for all our people. This goal can be achieved by ratifying the 27th Amendment to the United States Constitution, which states that “Equality of Rights under the Law shall not be denied or abridged by the United States or by any state on account of sex.” Carter was referring to the Equal Rights Amendment, which was never ratified, not to the amendment which did become the 27th Amendment to the United States Constitution after his presidency.

Career Development Event

Representatives from Grahams Island State Park in Devils Lake, ND will be on-campus conducting employment interviews on Tuesday, March 11 beginning at 9:30 a.m. in Sargeant Student Center Room 244. If you are interested in signing up for an interview slot or would like additional information contact Meloni at melonir or stop by her office in 236 Sargeant Student Center.

CRES Workshop: Website Design and Search Engine Optimization

A follow-up to the February 18 social media workshop will take place on Wednesday, March 12, from 9-11 a.m. in Bede Ballroom. This training will be focused on how you should design a website with goals in mind, learn what SEO (search engine optimization) is and why it’s important, and what social media sites to use for specific businesses. There is a $10 registration fee. Registration is $10, interested participants can register online at www.impact2020.org/mission_possible.html. You do not have to have attended the previous workshop in order to attend this one.

The workshop is sponsored by the Center for Entrepreneurial Studies (CRES), and the Small Business Development Center.

SAFE SPRING BREAK TIPS

SAFE SPRING BREAK TIPS: Are you planning on going somewhere warm over spring break? Looking to get away and relax? Peer Connections and Student Health have some valuable information to share with you at our Safe Spring Break Booth, Tuesday, March 10, 11:00 - 1:00, SSC. We will be giving away two Spring Break Bags! Have a Safe Spring Break.
**Gardening and Local Foods Seminar Supper - ‘Local Foods for Local Eating’**

The fourth gardening and local foods seminar is scheduled for Thursday, March 13, at 6 p.m. in Bede Ballroom at the University of Minnesota Crookston following a free supper at 5:30 p.m. Speakers include: Ronny Reitmeier, owner of “Ronny’s Farm To Table” in Fisher; Jessica Luckow, owner of Whitetail Gardens, a local CSA provider; Brigette Burzette-DeLeon, a teacher at Washington Elementary School and school garden coordinator; and Anna Ogaard, Crookston Public School’s director of food service.

Suppers in dining services are free but reservations are required. Attendees are requested to go through the Brown Dining Hall at 5:30 p.m. and then bring their meal down the hall to the Bede Ballroom. The program will commence at 6 p.m. and conclude around 7:10 p.m.

The program is free and open to all interested in the topic but reservations are required. To make a reservation, contact Tashi Gurung in the Center for Sustainability at 218-281-8129 or via e-mail at gurun011@crk.umn.edu.

This is a continuing supper seminar series scheduled during the spring semester on the Crookston campus to explore and inform aspects of gardening and local food production in the Crookston community and the campus.

---

**College Quiz Bowl**

- **March 11, 2014**
- Starts at 6 p.m.
- Bede Ballroom
- Over $400 in prizes
- Refreshments provided!
- Sign up your team of 4 at the Information Desk by March 10 by 4:30 p.m.

---

**Maroon & Gold Fridays**

Show up at the UMC Bookstore on Fridays wearing maroon & gold and **Save 20% on your purchase**

---

**Yoga with Res-Life Spring It On!**

“Take control of your physical well-being and learn to live well!”

Every Tuesday and Thursday at 6PM in the Centennial Conference Room

---

**Crookston Kestrel Watch**

Come see what Crookston Kestrel Watch is all about and find out ways to participate!

- Crookston Public Library
  - March 11th, 6:00PM
- UMC Bede Ballroom
  - March 26th, 3:00PM

Questions? Contact Andy Alvarado (alvarad@umn.edu)
Brain Teasers

A REBUS is a picture representation of a name, work, or phrase. Each “rebus” puzzle box portrays a common word or phrase. Can you guess what it is? Example)

**Answer for Head HEELS:** Since the word **HEAD** is over the word **HEELS**, the answer to the puzzle would be **HEAD OVER HEELS**!

**Answer for Corporate:** Because the word Corporate is getting smaller, the answer to the puzzle would be **Corporate Downsizing**!

Rowenna Fillmore guessed last week’s puzzle. The correct answer was “Foreign Language (4 in language)” Rowenna can pick up her free movie pass from Meloni in 236 SSC. If you think you know the answer to this week’s Rebus, send an e-mail to meloni (meloni@umn.edu). A winner will be chosen from the correct answers. The winner will receive a free ticket to the Grand Theatre in Crookston. Email your answer to Meloni prior to noon on Thursday, March 13, 2014. The winner’s name will appear in the March 24, 2014 Eagle’s Eye.

---

**NDSU Graduate School Events**

Interested in Graduate School? Not sure where to start? The Graduate School at North Dakota State University has some upcoming events on the NDSU campus in Fargo this March for students interested in Graduate education. Currently, NDSU offers 50 doctoral degrees, 86 masters degrees, an education specialist degree and 12 certificate programs. Learn more at http://www.ndsu.edu/gradschool/

Graduate School Informational booth in the Memorial Union
Monday, March 10  *11 a.m.-1 p.m.  * NDSU Memorial Union
Pick up requirements for NDSU Graduate School applications, deadlines and information you need about applying to NDSU Graduate School.

Graduate School Open House in Putnam Hall
Tuesday, March 11     *2-4 p.m.  * Visit the Graduate School in our new location, Putnam Hall. Join us for refreshments, and learn more about Graduate School opportunities at NDSU. Talk with admissions representatives about NDSU Graduate School requirements and applications.

Graduate School How To Apply Presentation
Wednesday, March 12  *Noon-1 p.m.  * Arikara Room, NDSU Memorial Union  * Dr. Brandy Randall, associate dean of the Graduate School, will walk students through the application process, including writing a statement of purpose and gathering all materials needed for the NDSU Graduate School application.

For more information, contact Kari Bitz at (701) 231-8476 or kari.bitz@ndsu.edu

---

**Superpumper**

With cost of living these days how’s a college student supposed to pay for their fuel? We have the solution!

3¢ off per gallon w/College I.D.

SPF Stations #12
1749 University Ave
Crookston, MN

---

*UMC News without a writer’s name in the Eagle’s Eye are written by Elizabeth Tollefson, assistant director, communications, 218-281-8432 (ttollefs@umn.edu)

UMC is an Equal Opportunity Employer and Educator. Alternative formats of this publication can be obtained by calling (218) 281-8586