



# Campus Connection

News and Information from the University of Minnesota, Crookston

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May 2004



## UMC's Phil Baird Earns Prestigious University of Minnesota Award

Phil Baird, associate professor of natural resources at the University of Minnesota, Crookston (UMC), has been selected to receive the Horace T. Morse-University of Minnesota Alumni Association Award for Outstanding Contributions in Undergraduate Education. Presented each year since 1965, the award represents the highest recognition by the University of Minnesota community of its most distinguished scholar-teachers. The award is named for the late Horace T. Morse, first dean of the General College (1934-60) and a national leader in the field of undergraduate education.

In addition to teaching from three to five hands-on, field-oriented courses each semester at UMC, Baird serves as an academic advisor for over 35 students. He has been a faculty leader working with educational applications of technology and was one of the first to implement distance delivery of courses using the Internet. Baird also serves as the primary advisor to the UMC Natural Resources Club. Over the past 23 years he has planned a student field trip each spring to the Deer River District of the Chippewa National Forest for a long weekend of planting trees, service learning, team building, and natural resource appreciation. These efforts have resulted in the planting of more than 150,000 trees for the U.S. Forest Service. He has also been active with the Society of American Foresters, serving as the communication chair for the Headwaters Chapter and web page development for the Minnesota Chapter.

Baird is among a select few University of Minnesota faculty who have been awarded both the President's Outstanding Service Award (in 1999) and the Morse-Alumni Award.

"UMC has some of the best teachers in the world, and Phil Baird is one of them," said Dan Svedarsky, Interim Vice Chancellor for Academic Affairs at UMC. "In 35 years, I have observed many fine faculty members in their teaching, research, and outreach efforts. I have worked closely with Professor Baird throughout his 23-year career, both as a faculty colleague and as program leader for the Natural Resources Department. He is one of the most dedicated and effective faculty members on our campus, always operating above and beyond the call of duty. I can think of no other more eminently qualified for this prestigious honor."

Baird joined the UMC faculty in 1979 as an instructor and was promoted to assistant professor in 1986 and to associate professor in 1996. His bachelor of science degree in outdoor recreation resources management and his master of science degree in forestry administration and management are both from Iowa State University in Ames. He lives with his wife and family in Fisher, Minnesota.

*--Andrew Svec, Director of Communications*

# UMC SIFE Students Earn Regional Champion Status at Business Competition in Minneapolis



## **UMC SIFE Team**

Front Row (from left): Jana Hodgson, Kelli Barnes, Melissa Martin, Claire Rhode, Jamie Wolff, Erica Stroot; Middle Row: Jay Tupa, Josh Jaeger, Ben Perkins, Anthony Wagner; Back Row: advisor Eric Burgess, advisor Steven Shirley, Steve Kongsjord, Dustin Barton, Ryan Tripp, David Ounchith, Abdul Alam.

.....  
● A team of University of Minnesota, Crookston (UMC) students involved in Students in Free Enterprise ●  
● (SIFE) earned SIFE Regional Champion status at the organization's annual regional conference, held ●  
● April 6 in Minneapolis. This is the fifth consecutive year UMC's team has earned the title, making it the ●  
● only college in Minnesota, Wisconsin, and North and South Dakota to achieve that feat. UMC's team ●  
● will now advance to the 2004 SIFE U.S.A. National Exposition on May 23-25 in Kansas City, Missouri, ●  
● to compete against other regional champion teams from across the country. ●  
.....

"The UMC students involved with SIFE this year have been very active in the community working on a wide variety of free enterprise educational projects," said advisor Steven Shirley. "This Regional Champion designation is a culmination of their many efforts throughout the year. Advancing to the National Competition for the fifth straight year highlights the quality of students at UMC. We look forward to competing at the National SIFE Competition with the elite universities from across the United States."

Other collegiate SIFE teams from throughout the Midwest that attended the regional competition but did not advance included Minot State University, Luther College, University of Wisconsin-Eau Claire, South Dakota State University, North Dakota State University, Winona State University, and the University of Northern Iowa.

*--Andrew Svec, UMC Director of Communications*

# WHO'S WHO AT UMC

In each issue of Campus Connection we will profile UMC faculty, staff, and students.

## Rachel McCoppin



**Rachel McCoppin** is a full-time, tenure-track professor at the University of Minnesota, Crookston. Rachel was born in Flint, Michigan, and lived there for the longest, but also spent many years in San Antonio, TX, as well as Indiana, Pennsylvania and Marquette, MI. If she had to choose a hometown, she would choose Marquette, MI, because that is where her family resides, and she is in love

with Michigan's beautiful Upper Peninsula, which is where Marquette is located.

**Family:** My immediate family includes my husband, Joe and two dogs, Vladimir and Timber.

**Years at UMC:** This is Rachel's first year at UMC.

**Job Responsibilities:** I am a full-time, tenure-track professor teaching Composition I and II this year, as well as some introduction to literature courses next year.

**Any Secret Talents:** Interior decorating and dog grooming. I also once played the Wicked Witch of the West.

**Do you have a hero?** My hero is my mom. She and I have been through a lot together; she has shown me how to be strong and continue on in life towards a better future. She also has always been my best source of support, accepting everything about me. My mom has given me an example of what I strive to become.

**Hobbies/Interests:** Anything to do with nature, mainly hiking, fishing, and photography. Also, shopping; it's quite the obsession for me.

**Favorite Musicians/Music:** Motown! I also like Stevie Ray Vaughn, Willy Nelson, and David Bowie.

**Favorite Songs:** "Harvest Moon" and "Heart of Gold" by Neil Young and "Let it Be" by the Beatles.

**Favorite Movies:** Mostly war movies or historical epics, mainly with Charlton Heston. My favorite movie might be "About Schmidt" with Jack Nicholson.

**Favorite TV Shows:** Survivor, Trading Spaces, and Queer Eye for the Straight Guy.

**Favorite place to eat in Crookston:** Northland Inn

**Favorite place to shop in Crookston:** Pamida

## Tom Sondreal



**Tom Sondreal** is a Senior Media Services Producer at the University of Minnesota, Crookston. Tom has lived in Crookston for 5 1/2 years. Prior to that he lived in Huron, South Dakota.

**Family:** Wife: Barbara - substitute teacher for Cathedral School in Crookston. She also provides personal tutoring in their home for elementary students. Daughter: Tori (9th grade), Son: Cole (6th

grade).

**Years at UMC:** 5 1/2

**Job Responsibilities:** Provide support to the University of Minnesota, Crookston campus community and the University of Minnesota Extension Service; Crookston, Clay & Roseau Regional Centers, in the areas of: multi-media production, including video production, print & electronic publications, web design, graphic design, audio production, still photography, PC hardware & software support, audio/visual classroom & auditorium support, etc. I also teach ITM-4310 - Interactive Digital Video and Video Conferencing.

**Do you have a hero?** That would have to be my father. He was a real entrepreneur.

**Hobbies/Interests:** Games with my family, skiing, camping, biking, working around and on the house, travels and a little golf when I can.

**Favorite Musicians/Music:** I enjoy a wide variety of music, from Allison Krause to Static-X to Calexico to Ben Harper & a lot of stuff old and in between. I usually listen to KFJM, KRSQ & DMX: Groove Lounge-Trends-Adult Contemporary or Coffeehouse Rock.

**Favorite Movies:** Way too many to list here, but the best I have seen lately: Sexy Beast

**Favorite TV Shows:** I really do not have much time to watch television, but when I do, my favorites are: Independent Film Channel, Sundance Channel, HBO, CNN, Discovery Channel, PBS, Tech TV & Comedy Central.

**Favorite place to eat in Crookston:** China Moon

**Favorite place to shop in Crookston:** Pamida

# UMC Student Athlete Profiles



## Kacee Biederman *Softball*

**Hometown:** Milaca, MN  
**Family:** Mom & Dad: Cindy & William, Sister: Natasha, Brothers: Eric & Ricky  
**Year at UMC:** Sophomore  
**Major:** Sport and Recreation Mgmt and Minor in Coaching  
**Why did you choose UMC:** Softball and ROTC  
**Where do you see yourself 10 years from now:** In the Air Force

stationed in Italy.

**Do you have a hero?** My grandma. She's the strongest person I've ever known. **Hobbies/Interests:** Playing and watching sports, hanging with friends and family, being at the ocean.

**Favorite Musicians:** Nelly, Eminem and William Hung

**Favorite Songs:** "21 Questions", "Yellow" and "Uh Oh"

**Favorite Movies:** Old School and A League of Their Own

**Favorite TV Shows:** Sportscenter and BET's The Center

**Favorite place to eat in Crookston:** Subway

**Favorite place to shop in Crookston:** Hugo's



## Aaron Motl *Baseball*

**Hometown:** Staples, MN  
**Family:** Mom: Cheryl Hayes, Dad: Bruce Motl, Brothers: Jason, Bryan, Shawn  
**Year at UMC:** Junior for School, Sophomore for Baseball  
**Major:** Golf and Facilities Mgmt.  
**Why did you choose UMC:** Baseball and I had a buddy who got his degree in Golf and Facilities Mgmt. and said it was a good major here.

**Where do you see yourself 10 years from now:** The superintendent of a golf course in the Brainerd Lakes area.

**Do you have a hero?** Joe Mauer for the Twins. He's a catcher just like me, we graduated the same year and we're both from MN, except that he's playing professional baseball for the Twins. He's just a tremendous athlete and a classy guy. He shows a great deal of maturity on and off the field. **Hobbies/Interests:** Baseball, watching sports, golfing, watching movies, spending time with my girl, spending time with friends.

**Favorite Musicians:** I'm really into Linkin Park lately. They've had a bunch of good tunes come out in the last few years. I like just about everything except country, for the most part, but I really love rock.

**Favorite Songs:** "Drift and Die"-Puddle of Mudd and "Numb"-Linkin Park  
**Favorite Movies:** Major League, For the Love of the Game, and, of course, Dumb and Dumber **Favorite TV Shows:** Simpsons and Friends

**Favorite place to eat in Crookston:** RBJ's Subway & Hardees

**Favorite place to shop in Crookston:** Sport's Etc.



## Katie Murray *Softball*

**Hometown:** Grand Forks, ND  
**Family:** Mom: Tami, Dad: Stewart, Brothers: Billy (17), Scotty (12), Sister: Steph (13)  
**Year at UMC:** Sophomore  
**Major:** Early Childhood Education, in the process of changing to Dental Assistant  
**Why did you choose UMC:** Because of the Early Childhood program, close location to home and to play

softball. **Where do you see yourself 10 years from now:** A dental assistant in a nice big office, located in a larger city, with a husband, 3 kids and a nice home. **Do you have a hero?** I would have to say that my mom is my hero. Since I was a little girl I have always looked up to her. She is always there for me no matter what the circumstances, being not only my mom, but also one of my closest friends. She has taught me to be myself and has provided me with great opportunities throughout my life as well. **Hobbies/Interests:** Playing softball, hanging out with friends and family, being at the lake, biking, rollerblading. **Favorite Songs:** "Eternal Flame" - Bangles, "You'll Think of Me" - Keith Urban **Favorite Movies:** Remember the Titans, Sweet Home Alabama, Drop Dead Fred, Shawshank Redemption **Favorite TV Shows:** Newlyweds, Friends **Favorite place to eat in Crookston:** Subway, Dairy Queen **Favorite place to shop in Crookston:** Hugo's



# UMC Student Profiles



## Deann Roers

**Hometown:** West Fargo, ND  
**Family:** Parents: Ted and Paula Roers, Sisters: Sonya (27), Michelle (25) and Jessica (21)  
**Year at UMC:** Sophomore  
**Major:** Business Management  
**Why did you choose UMC:** I chose UMC because I had LOTS of family go here that said wonderful things about the school!  
**Where do you see yourself 10 years from now:** Owing my own business, married,

and with a family. **Do you have a hero?** My mom, because she has taught me to be myself and go through life with a smile!

**Hobbies/Interests:** Shopping, shopping and more shopping.

**Favorite Music:** All Types

**Favorite Movies:** Legally Blonde 1 and 2

**Favorite TV Shows:** Friends, ER, and The O.C.

**Favorite place to eat in Crookston:** Subway

**Favorite place to shop in Crookston:** Pamida



## Katie Weyenberg

**Hometown:** Neenah, Wisconsin  
**Family:** Dad: Peter, Mom: Cindy, Older Sister: Maggie  
**Year at UMC:** Sophomore  
**Major:** Equine Industries Mgmt.  
**Why did you choose UMC:** The equine program and facilities, small class sizes, and the technology.  
**Where do you see yourself 10 years from now:** Hopefully I will have my masters degree in equine reproduction from Colorado State.

I'd love to live somewhere in the midwest, have a great job, be married, and have a child or two. **Do you have a hero?** My Grandpa, even though he is no longer with us. In my eyes he is one of the greatest men that ever walked this earth. He endured so many hardships in his life and still came up on top. I have looked up to him longer than I can remember.

**Hobbies/Interests:** Hanging out with friends, laughing, enjoying the outdoors, and horseback riding.

**Favorite Musicians:** I like a little bit of everything.

**Favorite Songs:** "Suga Suga" by Baby Bash and "Pour Some Sugar on Me" by Def Leppard

**Favorite Movies:** Silence of the Lambs and Seabiscuit

**Favorite TV Shows:** Friends and ER

**Favorite place to eat in Crookston:** RBJ's

**Favorite place to shop in Crookston:** Hugo's



## Samuel H. Sele Jr.

**Hometown:** Gardnerville Monrovia, Liberia  
**Family:** Parents: Mr. & Mrs. Molley Sele. I have 4 brothers and 2 sisters  
**Year at UMC:** Sophomore  
**Major:** Business Management/Marketing

**Why did you choose UMC:** I chose UMC because of it's unique Business program.

**Where do you see yourself 10 years from now:** I see myself as a successful businessman, managing my dad's businesses both in London and Africa.

**Do you have a hero?** Kofi Annan (UN secretary general). I consider him to be my hero because of his role to strengthen the Organization's traditional work in the areas of development and the maintenance of international peace and security; to encourage and advocate human rights, the rule of law and the universal values of equality, tolerance and human dignity found in the United Nations Charter.

**Hobbies/Interests:** My hobbies are: writing poems, reading, hanging out with friends, watching BBC Sport News, mainly Soccer. My interests are: to become an international businessman, to be a hope for the hopeless, and to be able to motivate and bring about constructive changes that will improve the lives of many Africans and the world at large.

**Favorite Musicians:** Bob Marley, Lucky Dube and Brian Adams

**Favorite Songs:** "Together as One", "No Woman No Cry", "Redemption Song", and "Going Back to my Root"

**Favorite Movies:** DOLE MONEY (African movie) - it offers a perspective on the global crisis facing today's youth. This film reveals that, whether in Africa or in other inner cities and suburbs, the underlying causes of youthful disaffection can be remarkably similar.

**Favorite TV Shows:** CNN World News/BBC World News

**Favorite place to eat in Crookston:** Subway

**Favorite place to shop in Crookston:** Hugo's

# UMC Students are getting the experience of a lifetime studying abroad.

Global perspectives are becoming increasingly important. Employers recognize study abroad as an experience that builds personal and intercultural skills that are beneficial in any career. As a coordinate campus of the University of Minnesota system, UMC and its students benefit from the connections the U of M has developed as a leader in international education opportunities. No matter what their major, UMC students can learn a great deal from a study abroad experience!

Here are the UMC students that have studied/are studying abroad in 2003-04:

**Justin Petrich** - full year - Japan  
**Jessica Pomada** - full year - Scotland  
**Nathan Moe** - full year - Spain  
**Laura Anderson** - fall semester - Italy  
**John Oketch** - fall semester - Ghana  
**Luke Wittkop** - spring semester - Costa Rica  
**Laura Tiedemann** - spring semester - Australia  
**Rachel Lafond** - spring semester - England



Starting with the August issue of Campus Connection, I will be profiling students who have studied abroad. You will be able to find out first-hand the wonderful experiences these students are having. I highly recommend that if you have a student studying at UMC, to encourage them to sign up for the Study Abroad Program. It's a wonderful program and will give these students an experience of a lifetime.

--Patti Tiedemann

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# How Good is Your Memory?

Do you remember things that happened 20 years ago? Sometimes I do, sometimes I don't. Why is it that some of us can remember so many things from the past and others, like me, have a hard time remembering anything at all? I'm often jealous of my husband, whose memory is like an encyclopedia. He remembers the day his grade school teacher informed the class that John F. Kennedy had been assassinated. I don't remember that day at all. He remembers dates, events, where we went on our 3rd date, each and every guy he wrestled throughout high school AND the scores. I wish I could remember things like he does.

Memories exist in two forms. They are either in a state of being actively remembered or they seem to be dormant, lost or forgotten (as in my case).

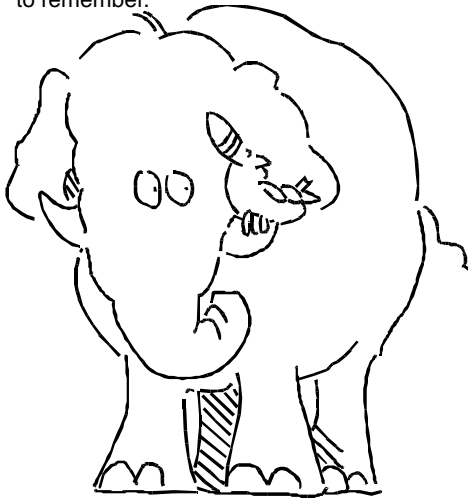
Many people claim they have poor memories but scientists tell us we have a lot more stored than we realize. For example in a famous study scientists found that 25 years after graduation people said they could not recall many of their former classmates, but when they were shown a random set of pictures and names they were able to pick out 90% of their classmates.

The fact is - you actually remember much more than you realize. Most of the information you have learned is not lost, it is just in storage waiting for you to release it.

I think I have what my husband calls "selective memory," meaning I remember things I WANT to remember. I probably do remember many things that happened years ago, but I must have put a lot of those memories in storage. I do remember playing a licorice stick in a grade school play. I remember sitting on top of my grandma's fridge while she baked cookies and fudge. When I was in grade school, I remember my dad having a "stage coach" bank, full of quarters, that sat on his desk at home. If I slid a table knife just right into the opening, quarters would pop up. Selective memories for me are always good memories.

Certain smells and sounds can also trigger memories. Every time I smell "White Shoulders" I think of my mom. There's a song by the Eagles that always reminds me of being at the lake. These are wonderful memory "triggers" that last a lifetime.

One way to help your memory along is to keep a daily journal. I've kept a journal since 1975. I now wish I would have started it earlier because it is such a wonderful way to keep memories. Now, when my husband talks about something that happened in 1979, I can pick up my journal and look it up. Oh sure, it's cheating, but for some of us, it's a very helpful way to remember.



*An elephant always remembers, but do we?*



- The human memory is the most advanced and marvelous thing ever created. Within your memory, right now as you read this, is enough information to write a best-selling book, enough mental pictures to paint as great as Michelangelo, enough sounds to make more music than a thousand C.D's. Your mind knows more about how to maintain health than all the doctors on earth. A thousand computers and ten thousand books could not contain what you already have stored in your head.
- Your memory is a vast storehouse of information ready, willing, and able to help you change your life and bring your unrealized dreams to the world of the seen.
- For those of us with "dormant" memories, it's time to wake them up!

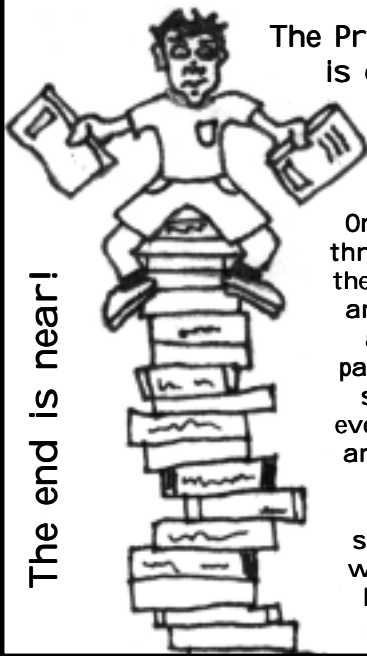
--Patti Tiedemann  
Source: [positiveremembering.tripod.com/](http://positiveremembering.tripod.com/)

# How well do you know your nursery rhymes?

- Hey diddle, diddle, the \_\_\_\_ and the \_\_\_\_, the \_\_\_\_ jumped over the \_\_\_\_.
- Higglety, Pigglety, my black hen, she lays \_\_\_\_ for \_\_\_\_.
- Rock-a-by baby in the \_\_\_\_ \_\_\_\_\_. When the wind blows the \_\_\_\_ will \_\_\_\_.
- If that mockin' bird don't \_\_\_\_, Mama's gonna buy you a \_\_\_\_ \_\_\_\_\_.
- It's raining, it's \_\_\_\_\_, the \_\_\_\_ man is \_\_\_\_\_.
- All around the mulberry \_\_\_\_\_, the monkey chased the \_\_\_\_\_.
- Baa Baa, black sheep, have you any \_\_\_\_? Yes sir, yes sir \_\_\_\_\_ bags full.
- Bobby Shaftoe went to \_\_\_\_\_, \_\_\_\_\_ buckles on his \_\_\_\_\_.
- The farmer takes a \_\_\_\_\_, Hi-ho, the \_\_\_\_\_.
- Georgie \_\_\_\_\_, puddin' and \_\_\_\_; Kissed the \_\_\_\_\_ and made them \_\_\_\_\_.
- Monday's child is fair of \_\_\_\_\_, Tuesday's child is full of \_\_\_\_\_.
- Old King \_\_\_\_\_ was a merry old \_\_\_\_\_, and a merry old \_\_\_\_\_ was he. He called for his \_\_\_\_\_ and he called for his \_\_\_\_\_ and he called for his \_\_\_\_\_ \_\_\_\_\_.
- Old Mother Hubbard went to the \_\_\_\_\_ to \_\_\_\_\_ her poor dog a \_\_\_\_\_.
- Pat-a-cake, pat-a-cake, \_\_\_\_\_ man, bake me a \_\_\_\_\_ as \_\_\_\_\_ as you can.
- Jack be \_\_\_\_\_, Jack be \_\_\_\_\_, Jack jump over the \_\_\_\_\_.
- This old man, he played \_\_\_\_\_, he played \_\_\_\_\_ with his thumb.
- Kookaburra sits in the \_\_\_\_\_ \_\_\_\_\_, Merry, merry \_\_\_\_\_ of the \_\_\_\_\_ is he.
- Taffy was a Welshman, Taffy was a \_\_\_\_\_. Taffy came to my \_\_\_\_\_ and stole a piece of \_\_\_\_\_.
- Pussycat, pussycat, where have you \_\_\_\_? I've been to \_\_\_\_\_ to visit the \_\_\_\_\_.
- Sing a song of \_\_\_\_\_, a \_\_\_\_\_ full of \_\_\_\_\_. Four and \_\_\_\_\_ blackbirds, baked in a \_\_\_\_\_.

1. cat, fiddle, cow, moon 2. eggs, gentlemen  
3. tree, top, cradle, rock 4. sing, diamond, ring  
5. pouring, old, morning 6. bush, weasel 7. wool  
8. sea, silver, knee 9. wife, derry-o  
10. porridge, pie, gifts, cry 11. face, grace 12. Cole,  
soul, pipe, bowl, fiddlers, three 13. cup-  
board, fetch, bone 14. bakers, cake, fast  
15. nimble, quick, candlestick 16. one, knick,  
knack 17. old, gum, tree, king, bush 18. thief,  
house, beef 19. been, London, Queen 20. six-  
pence, pocket, rye, twenty, pie

## LIFE WITH JAKE



**The Pressure is on!**

**The end is near!**

Once I get through all these books and write all my papers and stay up every night and study

.....  
**This semester will be a breeze!**

Jake is the creation of Alex Tiedemann, Crookston

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UMC Publications & Design/0504PTiedemann



## RECIPE

### Strawberry Angel Food Dessert

- |   |  |
|---|--|
| 1 (10 inch) angel food cake                 | 1 (8 ounce) container frozen whipped topping, thawed |
| 2 (8 ounce) packages cream cheese, softened | 1 quart fresh strawberries, sliced                   |
| 1 cup white sugar                           | 1 (18 ounce) jar strawberry glaze                    |

#### Directions

- Crumble the cake into a 9 x 13 inch pan.
- In a medium bowl, cream cream cheese and sugar until light and fluffy. Fold in whipped topping. Mash the cake down with your hands and spread the cream cheese mixture over the cake.
- In a bowl, combine strawberries and glaze until strawberries are evenly coated. Spread over cream cheese layer. Chill until served.

--Recipe found at [www.allrecipes.com](http://www.allrecipes.com)

The UMC Campus Connection is a monthly publication produced by the Publications & Design Department at the University of Minnesota, Crookston. If you have any suggestions on content or would like to see other items included in this publication, please contact Patti Tiedemann at 218-281-8402 or e-mail: [ptiedema@mail.crk.umn.edu](mailto:ptiedema@mail.crk.umn.edu)

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